

Bless My Mess (Every Day of the Week)

COPPER STEPSHEETS **KNOB**

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Jill Weiss (USA) - June 2023
音樂: Every Day Of The Week (feat. Darius Rucker) - Chris Janson : (Album: The Outlaw Side of Me)



Easy restart on wall 8 after 16 counts

#16 Count intro, start on lyrics

SHUFFLE FORWARD, STEP HITCH, SHUFFLE BACK, COASTER CROSS

1&2, 3-4 Step R forward, step L next to R, step R forward (1&2) Step forward on L (3) Hitch R (4)
5&6 Step R back, step L back next to R, step R back
7&8 Step L back, step R next to L, step L in front of R

LINDY RIGHT, LINDY LEFT

1&2, 3-4 Step R to right, step L next to R, step R to right (1&2), Rock back on L, replace forward to R
5&6, 7-8 Step L to left, step R next to L, step L to left (5&6), Rock back on R, replace forward to L

***RESTART HERE ON WALL 8 FACING 9:00**

MODIFIED PIVOT ¼ LEFT KEEPING WEIGHT ON R, COASTER; REPEAT PIVOT AND COASTER

1-2, 3&4 Step R to right (1) pivot on R foot ¼ left keeping wt on R and L toe or heel on the floor 9:00
 (2) Step back on L, step R back next to L, step L forward
5-6, 7&8 Repeat counts 1-4, turning to 6:00

(Styling notes: You can bend both knees slightly as you turn. Also option for a hip roll or hip bump L-R as you turn.)

STOMP/STEP KICK, COASTER, STOMP/STEP KICK WITH ¼ TURN LEFT, COASTER

1-2, 3&4 Stomp/step R forward (1), kick L forward (2), step L back, step R back next to L, step L forward 6:00
5-6, 7&8 Stomp/step R forward (5), kick L forward as you turn ¼ left keeping weight on R (6) 3:00, step L back, step R back next to L, step L forward 3:00

***RESTART: HAPPENS ON WALL 8, BOTH STARTING AND RESTARTING AT 9:00 (Straighten out on the lindy left as you rock forward on your L, so you are ready to shuffle forward.)**

OPTIONAL ENDING: Last wall ends at 6:00. After the final stomp/step kick on counts 5-6, continue turning left with a triple step turn to the front on counts 7&8.

Thank you to my Wednesday morning Newtown class!

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