

South Fork Swing (P)

拍數: 48

牆數: 0

級數: Beginner Pattern Partner Circle
Dance



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音樂: Blue Finger Lou - Anne Murray

Triple Step, Triple Step/ Rock Recover Footwork is LRL RLR LR for Man --- RLR LRL RL for Lady

Triple Step, Triple Step, Rock Recover (Closed Swing Position—Man faces outside starting with L foot/Lady faces inside starting with R foot)

1&2 Triple Step
3&4 Triple Step
5-6 Rock Back. Recover Forward.

Triple Step, Triple Step, Rock Recover With Lady Passing Across Into Underarm Right Turn

1&2 Triple Step (Lady passes across in front of Man).
3&4 Triple Step (Lady turns Right under arms to face Man).
5-6 Rock Back. Recover Forward.

Triple Step, Triple Step, Rock Recover Switch Sides As Man Turns Left Underarms

1&2 Triple Step as man turns Left under the arms as Lady moves to opposite side.
3&4 Triple Step to complete changing sides to face partner.
5-6 Rock Back. Recover Forward.

Triple Step, Triple Step, Rock Recover Doing A Right Bowtie

1&2 Triple Step in place raising Right arms over partner's head.
3&4 Triple Step in place as hands slide down partner's arm.
5-6 Rock Back. Recover Forward.

Triple Step, Triple Step, Rock Recover As Lady Turns Left To Sweetheart Position Facing LOD

1&2 Triple Step in place as Lady turns Left.
3&4 Triple Step in place as Lady ends in Sweetheart Position facing LOD.
5-6 Rock Back. Recover Forward.

Triple Forward, Triple Forward, Walk, Walk

1&2 Triple Step Forward.
3&4 Triple Step Forward.
5-6 Walk Forward. Walk Forward.

Triple Forward, Triple Forward, Walk, Walk

1&2 Triple Step Forward.
3&4 Triple Step Forward.
5-6 Walk Forward. Walk Forward.

Triple Step, Triple Step Turing Lady To Closed Swing Position. Rock Back. Recover Forward.

1&2 Triple Step in place
3&4 Triple Step in place as Lady turns Right into closed swing position.
5-6 Rock Back, Recover Forward.

Start Over
