

September Breeze

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Gerard Murphy (CAN) - June 2023
音樂: September - Tauren Wells : (Quicker Tempo)
或: September (Bossa Version) - Marcela Mangabeira



**** No tags or restarts ****

Begin after 32 beats of music

Step Side, Rock Recover, Shuffle ¼ L, Rock Recover, Shuffle ½ R

1,2,3 Step R to R side, rock L forward, recover onto R
4&5 Shuffle L, R, L to left making ¼ turn left [9:00]
6,7 Rock R forward, recover onto L
8&1 Shuffle R, L, R over right shoulder making ½ turn right [3:00]

Rock Recover, Shuffle ¼ L, Cross, Back, Side

2,3 Rock L forward, recover onto R
4&5 Shuffle L, R, L over left shoulder making ¼ turn left, moving to left [12:00]
6,7,8 Cross step R over L, step L back, step R to R side

Shuffle Forward Lock Step, Rock Recover, Shuffle Back Lock Sep, Rock Recover,

1&2 Step L forward, lock step R behind L, step L forward
3,4 Rock R forward, recover onto L
5&6 Step R back, lock step L over R, step R back
7,8 Rock L back, recover onto R

Hip Pushes x 4, Coaster Step Back, Step ½ Pivot L

1,2 Step forward onto L and push hips forward, shift weight back onto R and push hips back
3,4 Shift weight forward onto L and push hips forward, shift weight back onto R and push hips back
5&6 Step L back, step R back beside L, step L forward
7,8 Step R forward, pivot ½ turn L onto L [6:00]

Start Over!

Last Update - 25 Aug. 2024 - R1