

Arranca AB

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Lars Kuif (NL) - June 2023
音樂: Arranca (feat. Omega) - Becky G.



[1 – 8] Walk R-L-L, Touch/Stomp/Touch Heel

1,2,3,4 Walk R-L-R fwd. (1,2,3), touch L next to R (4)

Option for count 4: stomp L next to R, or touch heel next to R

5,6,7,8 Walk L-R-L back (5,6,7), touch R next to L (8) [12.00]

Option for count 1-8: Shimmy all counts

[9 – 16] (Side, Together, Side, Touch) 2x

1,2,3,4 Step R to side (1), step L beside R (2), step R to side (3), touch L next to R (4)

5,6,7,8 Step L to side (5), step R beside L (6), step L to side (7), touch R next to L (8) [12.00]

[17 – 24] Full Paddle Turn With Hip Bumps

1,2 Step R fwd. with hip bump (1), ¼ turn L and recover to L with hip bump (2) [09.00]

3,4 repeat count 1,2

5,6 repeat count 1,2

7,8 repeat count 1,2. You should be facing 12.00 again after count 7,8 with weight on LF

[25 – 32] (Point Across, Side) 2x, Jazz Box ¼ Turn R

1,2 Point R toe across LF (1), step R to side (2)

3,4 Point L toe across RF (3), step L to side (4) [12.00]

Option for count 1-4: replace the point with mambo cross. The counting will change into 1&2, 3&4

5,6,7,8 Step R across L (5), step L back (6), ¼ turn R stepping R to side (6), step L fwd. (8) [03.00]

Tag + restart:

At the end of wall 6, add the following steps (facing 06.00): R Rocking Chair

1,2,3,4 Rock RF fwd. (1), recover to LF (2), rock RF back (3), recover to LF (4)

Begin again from the top of the dance (facing 06.00)

Questions: larskuifinedance@gmail.com