

Gentle Man

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Antonio Manigas (IT) - June 2023
音樂: Rowdy Gentle Man - Chris Janson



Sequence: 16 counts music- wall 1 – wall 2 (only 16 counts) – Restart wall 3 – wall 4 – wall 5(only 16 c.)
Restart wall 6 – wall 7 – Tag – wall 8 (only 32 c.) - Restart wall 9 – Final Part

S1) HEEL R.,TOE R.,KICK R. X2,ROCK BACK ,STOMP R. X 2

- 1 – 2 Step Right Forward And Heel , Step Right Backward And Touch Toe
- 3 – 4 Step Right Forward And Kick X 2
- 5 – 6 (jumping) Step Right Backward And Kicking Step Left Forward , Step Left To The Floor And Taking Weight
- 7 – 8 Stomp Up Right Beside Left X 2

S2) ROCK R.,STOMP UP L.,ROCK L.,STOMP UP R.,ROCK BACK,STOMP UP R.,STOMP R.

- 1 – 2 Step Right Diagonally Forward , Stomp Up Left Beside Right
- 3 – 4 Step Left Diagonally Backward , Stomp Up Right Beside Left
- 5 – 6 (jumping) Step Right Backward And Kicking Step Left Forward , Step Left To The Floor And Taking Weight
- 7 – 8 Stomp Up Right Beside Left , Stomp Right Forward

S3) SWIVEL, SWIVEL TURN ½ ,COASTER STEP, SCUFF R.,

- 1 – 2 Swivels Heels Boots Right And Left To Right Side , Return Heels Boots To Centre
- 3 – 4 Swivels Heels Boots Right And Left To Right Side , Swivels Heels Boots Right And Left To Right Side And Turn ½ (06:00)
- 5 – 6 Step Left Backward , Step Right Beside Left
- 7 – 8 Step Left Forward , Scuff Right Beside Left

S4) ROCK R.,TURN ¼ TOUCH TOE L.,WEAVE ,TURN ¼ ROCK L.,STOMP UP R.

- 1 – 2 Step Right Forward , Turn ¼ To Left(03:00) And Touch Toe Behind Right
- 3 – 4 Step Left Diagonally Forward , Cross Behind Left Step Right
- 5 – 6 Step Left Diagonally Backward , Cross Over Left Step Right
- 7 – 8 Turn ¼ To Left (00:00) Step Left Forward , Stomp Up Right Beside Left

S5) TURN ½ TOE STRUT,TURN ½ TOE STRUT , TURN ½ TOE STRUT , KICK L.,FLICK L. & SLAP R.

- 1 – 2 Turn ½ To Right (06:00) Step Right Forward And Toe , Drop Right Heel And Taking Weight
- 3 – 4 Turn ½ To Left (00:00) Step Left Backward And Toe , Drop Left Heel And Taking Weight
- 5 – 6 Turn ½ To Right (06:00) Step Right Forward And Toe , Drop Right Heel And Taking Weight
- 7 – 8 Step Left Forward And Kick , Step Left Backward And Flick And Slap To Right Hand To Left Boot

S6) VINE L.,STOMP UP R.,TOUCH TOE R. OUT,TOUCH TOE IN,TOUCH TOE OUT,FLICK R.

- 1 – 2 Step Left Diagonally To Left Side , Cross Step Right Behind Left
- 3 – 4 Step Left To Left Side , Stomp Up Right Beside Left
- 5 – 6 Step Right To Right Side And Touch Right Toe , Return Beside Left
- 7 – 8 Step Right To Right Side And Touch Right Toe , Return To Centre And Flick

S7) VINE R., SCUFF L., CROSS L.,ROCK BACK R.,STOMP UP R.

- 1 – 2 Step Right Diagonally To Right Side , Cross Step Left Behind Right
- 3 – 4 Step Right To Right Side , Scuff Left Beside Right
- 5 – 6 Cross Step Left Over Right , Step Right Backward And Kicking Left Forward
- 7 – 8 Step Left To The Floor , Stomp Up Right Beside Left

S8) HEEL STRUT R. , HEEL STRUT L.,KICK R.,ROCK BACK R.,STOMP R.

- 1 – 2 Step Right Forward And Heel , Drop Right Toe And Taking Weight
- 3 – 4 Step Left Forward And Heel , Drop Left Toe And Taking Weight
- 5 – 6 Step Right Forward And Kick , Step Right Backward And Kicking Left Forward
- 7 – 8 Step Left To The Floor And Taking Weight , Stomp Up Right

TAG

T1) HEEL STRUT R., HEEL STRUT L.,HEEL STRUT R., HEEL STRUT L.

- 1 – 2 Step Right Forward And Heel , Drop Right Toe And Taking Weight
- 3 – 4 Step Left Forward And Heel , Drop Left Toe And Taking Weight
- 5 – 6 Step Right Forward And Heel , Drop Right Toe And Taking Weight
- 7 – 8 Step Left Forward And Heel , Drop Left Toe And Taking Weight

FINAL PART

FP1) HEEL R.,TOE R.,KICK R. X2,ROCK BACK ,STOMP R. X 2

- 1 – 2 Step Right Forward And Heel , Step Right Backward And Touch Toe
- 3 – 4 Step Right Forward And Kick X 2
- 5 – 6 (jumping) Step Right Backward And Kicking Step Left Forward , Step Left To The Floor And Taking Weight
- 7 – 8 Stomp Up Right Beside Left X 2

FP2) ROCK R.,STOMP UP L.,ROCK L.,STOMP UP R.,ROCK BACK,STOMP UP R.,STOMP R.

- 1 – 2 Step Right Diagonally Forward , Stomp Up Left Beside Right
- 3 – 4 Step Left Diagonally Backward , Stomp Up Right Beside Left
- 5 – 6 (jumping) Step Right Backward And Kicking Step Left Forward , Step Left To The Floor And Taking Weight
- 7 – 8 Stomp Up Right Beside Left , Stomp Right Forward

FP3) STOMP R., HOLD X3, STOMP L., HOLD X 3

- 1 – 2 Stomp Right , Hold
- 3 – 4 Hold , Hold
- 5 – 6 Stomp Left , Hold
- 7 – 8 Hold , Hold

FP4) UNWIND , STOMP R.

To 1, 2, etc To 8 Counts – Cross Right Over Left And Turning To Left Side , To Direction Home (00:00)
Stomp Right To The End

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