

High Heels Cha

拍數: 32 牆數: 4 級數: High Improver
編舞者: David Ang (MY) - July 2023
音樂: High Heels - John Duff & Lillias White



Intro: 48 counts from first beat in music (approx 24 secs). Start on the word "Mom"

Note: No Tags, No Restarts

[1 - 9] Side, Cross Rock, Recover, Side, Together, ¼ L, Pivot ½ L ½, ¼ L Chasse

1 - 3 Step R to R side (1), Cross L over R (2), recover weight onto R (3) 12:00
4 & 5 Step L to L (4), step R next to L (&), ¼ L step L forward (5) 9:00
6 - 7 Step R forward (6), pivot ½ L transferring weight onto L (7) 3:00
8 & 1 Turn ¼ L step R to R side (8), step L next to R (&), step R to R side (1) 12:00

[10 - 17] Close, Point, Hold, Close, Point, Bump, Cross Rock, Side Rock

& 2 - 3 Step L next to R (&), point R to R side (2), hold (3), 12:00
& 4 - 5 Step R next to L (&), point L to L side (4), bump hips to L (5) 12:00
6 - 7 Cross L over R (6), recover weight onto R (7) 12:00
8 - 1 Rock L to L (8), recover weight onto R (1) 12:00

[18 - 25] ¼ R Step, Step Pivot ½ R, Lock Step Forward, Walk R L, Kick, Back, Popped Knee

2 - 3 ¼ Turn R step L forward (2), pivot ½ R transferring weight onto R (3) 9:00
4 & 5 Step L forward (4), step R behind L (&), step L forward (5) 9:00
6 - 7 Walk R forward (6), walk L forward (7) 9:00
8 & 1 Kick R forward (8), step R back (&), keep weight on R with L knee popped forward (1) 9:00

[26 - 32] Back Touches & Hold, L Coaster Step , Cross Rock, Recover

& 2 - 3 Step L back (&), touch R toe forward (2), hold (3) 9:00
& 4 - 5 Step R back (&), touch L toe forward (4), hold (5) 9:00
6 & 7 Step L back (6), step R next to L (&), step L forward (7) 9:00
8 & Cross R over L (8), recover on L (&) 9:00

Start again
