

# The Older I Get

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Wiesye Baraoh (INA) - June 2023  
音樂: The Older I Get - Dj Remix



## NO RESTART & TAG

### INTRO: 16C

#### SECTION 1: BASIC NIGHT CLUB (R, L), FORWARD, 1/2 TURN LEFT, WALK, WALK

1 2 &      Step RF to R side, Step LF behind RF, Recover on RF  
3 4 &      Step LF to L side, Step RF behind LF, Recover on LF  
5 6 7 8      Step RF forward, 1/2 turn left - Step LF forward, Walk R, L

#### SECTION 2: REPEAT SECTION 1

### MAIN DANCE ( 32C)

#### SECTION 1: WALK FORWARD (R, L, R, L), SIDE, POINT, SIDE, POINT

1 2 3 4      Step forward RF, LF, R,F LF  
5 6 7 8      Step RF to R side, Point LF cross over RF, Step LF to L side, Point RF cross over LF

#### SECTION 2: STEP BACK (RF, LF, RF, LF), SIDE, POINT BEHIND, SIDE, POINT BEHIND

1 2 3 4      Step back on RF, LF, RF, LF  
5 6 7 8      Step RF to R side, Point LF behind RF, Step LF to L side, Point RF behind LF

#### SECTION 3: SHUFFLE FORWARD (R, L), ROCKING CHAIR

1 & 2      Step RF forward, Step LF together RF, Step RF forward  
3 & 4      Step LF forward, Step RF together LF, Step LF forward  
5 6 7 8      Step RF forward, Recover on LF, Step back on RF, Recover on LF

#### SECTION 4: FORWARD, 1/4 TURN LEFT, CROSS SHUFFLE, FORWARD, RECOVER, COASTER STEP

1 2 3 & 4      Step RF forward, 1/4 turn left-Step LF to L side, Step RF cross over LF, Step LF to L side,  
Step RF cross over LF  
5 6 7 & 8      Step LF forward, Recover on RF, Step back on LF, Step RF together LF, Step LF forward

## HAVE FUN

Contact: [bwiesye@yahoo.com](mailto:bwiesye@yahoo.com)