

Feel The Dancing Beat (aka The Girl For You)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Ann McMullan (N.IRE) - June 2023
音樂: The Girl for You - Olivia Douglas



#16 Count Intro

WALLS 1 and 4

Step left half turn coaster step, step right half turn coaster step

1-2 Step forward on left, make half turn left stepping back on right
3&4 Step back on left, step right together, step forward on left
5-6 Step forward on right, make half turn right stepping back left
7&8 Step back on right, step left together, step forward on right

Step, right shuffle forward, step, rock recover back

1 Step forward on left
2&3 Step forward on right, step left beside right, step forward on right
4 Step forward on left *** (Tag & restart on wall 3)
5-6 Rock forward on right, recover onto left
7 Step back on right

Quarter left side rock behind and cross, Right side rock behind quarter

1-2 Make quarter turn left rocking left to left side, recover onto right
3&4 Step left behind right, step right to side, cross left over right
5-6 Rock right to right side, recover onto left
7& Step right behind left, make quarter turn left stepping on left

Step half turn left, shuffle half turn left, back rock full turn right

1-2 Step forward on right, make half turn left
3&4 Shuffle half turn left stepping R,L,R
5-6 Rock back on left, recover onto right
7-8 Make half turn right stepping back on left, make half turn right stepping forward on right

(Easier alternative for counts 7-8 walk forward left and right)

WALLS 2,5,6,7,8,9

Step left half turn coaster step, step right half turn coaster step

1-2 Step forward on left, make half turn left stepping back on right
3&4 Step back on left, step right together, step forward on left
5-6 Step forward on right, make half turn right stepping back left
7&8 Step back on right, step left together, step forward on right

Step, right shuffle forward, step, rock recover, 3 x runs back

1 Step forward on left
2&3 Step forward on right, step left beside right, step forward on right
4 Step forward on left
5-6 Rock forward on right, recover onto left
7&8 Run back on right, left right

Quarter left side rock behind and cross, Right side rock behind quarter

1-2 Make quarter turn left rocking left to left side, recover onto right
3&4 Step left behind right, step right to side, cross left over right
5-6 Rock right to right side, recover onto left
7-8 Step right behind left, make quarter turn left stepping on left

Step half turn left, shuffle half turn left, back rock full turn right

1-2 Step forward on right, make half turn left
3&4 Shuffle half turn left stepping R,L,R
5-6 Rock back on left, recover onto right
7-8 Make half turn right stepping back on left, make half turn right stepping forward on right
(Easier alternative for counts 7-8 walk forward left and right)

Tag during Wall 3 : After 12 counts then restart dance

1-2 Rock forward on right, recover onto left
3&4 Step back on right, step left beside right, step forward on right

Tag at end of Wall 6 facing 6 o'clock

1-2 Rock forward on left, recover onto right
3&4 Step back on left, step right beside left, touch left toe beside right

After wall 9 you will be facing 12 o'clock

1-2 Rock forward on left, recover onto right
3&4 Step back on left, step right beside left, step forward on left

annmcmullan35@hotmail.com

Last Update: 28 Jun 2023
