

# I Save The Day

拍數: 32                      牆數: 4                      級數: High Beginner  
編舞者: Lars Kuif (NL) - June 2023  
音樂: I Save the Day - Roberto Jakketti & The Scooters



Info : Starts after 24 counts

**[1 – 8] Shuffle R+L Fwd. (With Hand Movemenst), Jazz Box (With Hand Waves)**

1&2                      Step R fwd. (1), step L next to R (&), step R fwd. (2) (circle hand like a washing machine)  
3&4                      Step L fwd. (3), step R next to L (&), step L fwd. (4) (circle hand like a washing machine)  
5,6,7,8                      Step R across L (wave hands L) (5), step L back (wave hands R) (6), step R to side (wave hands L) (7), step L across R (wave hands R) (8) [12.00]

**[9 – 16] Jazz Box Into ½ Turn R (With Hand Movements), Run R-L-R- Into ½ Turn R**

1,2,3,4                      Step R across L (1), step L into ¼ turn R back (2), step R to side (3), step L into ¼ turn R fwd. (4) [06.00]

**Note: wave hand L-R-L-R on count 1-2-3-4**

5,6,7,8                      Walk R-L-R-L into ½ turn R [12.00]

**[17 – 24] Syncopated Side Rocks, L Lock Step Back, Rock R Back**

1,2&                      Rock R to side (1), recover to LF (2), step R next to L (&)  
3,4                      Rock L to side (3), recover to R (4)  
5&6                      Step L back (5), step R across L (&), step L back (6)  
7,8                      Rock R back (7), recover to L (8) [12.00]

**[25 – 32] ½ Shuffle Turn L, Rock L Back, ¼ Paddle Turn With Hip Bumps L+R, Side (With Hip Bump), Flick R**

1&2                      ¼ turn L stepping R to side (1), step L next to R (&), ¼ turn L stepping R back (2) [06.00]  
3,4                      Rock L back (3), recover to LF (4)  
5,6                      1/8 turn R tapping L toe to side and hip bump L (5), recover to RF and hip bump R (6)  
7,8                      1/8 turn R stepping L to side and hip bump L (7), flick R behind L (8) [09.00]

Questions: [larskuifinedance@gmail.com](mailto:larskuifinedance@gmail.com)