Sweet Memories

級數: High Beginner

編舞者: Susan Reynolds (USA) - June 2023

牆數:4

音樂: Memory Lane - Old Dominion

Intro: 16 counts 3 restarts

SIDE ROCK, RECOVER, CROSS SHUFFLE, LEFT GRAPEVINE

- 1 4 Rock R to Side, Recover on L, Cross R over L, Step L together, Cross R over L
- 5 8 Step L to side, Step R behind L, Step L to Side, Touch R beside L

Restart here after 8 counts on Wall 4 @ 9:00 and on Wall 6 @ 3:00 and Wall 8 @ 9:00

1/2 TURN, SHUFFLE, 1/4 TURN SHUFFLE

- 1 4 Step R forward as make ¹/₂ turn L, (Weight returns to L), Shuffle forward RLR
- 5 8 Step L forward as make 1/4 turn R, (Weight returns to R), Shuffle forward LRL

ROCKING CHAIR, STEP, 2X BALL-CHANGE, HOLD

- 1 4 Step R forward, Step L in place, Step R backward, Step L in place
- 5 8 Step R forward, 2x: L ball of foot steps back and slightly behind R (Ball), R foot steps in place (Change), Hold

CROSS, BACK, STEP ¼ LEFT, TOUCH,¼ PIVOT LEFT TURN, KICK BALL CHANGE

- 1 2 Cross L over R, Step R back
- 3 4 Step L as turn ¼ L, Touch R beside L
- 5 6 Pivot ¼ Turn L,(Step R forward and turn ¼ L, shift weight back to L)
- 7 8 Kick R forward, R ball of foot steps back and slightly behind R, L foot steps in place

Restart after 8 counts on Wall 4 @ 9:00 and on Wall 6 @ 3:00 and Wall 8 @ 9:00

Contact: shreynolds203@gmail.com

See my other dance videos at: SusanReynolds@susanreynoldslinedances





拍數: 32