

Grain of Sand EZ (모래알갱이)

COPPER KNOB
BY EPOSTHEAT

拍數: 32 牆數: 1 級數: Beginner
編舞者: Ssaboo (KOR) - June 2023
音樂: Grain of Sand (모래알갱이) - Lim Young Woong (임영웅)



Start on Lyrics “나는 작은... (App. 1 sec)” with weight on L foot

This dance was choreographed for my Beginner classes that were also wanting to dance to the song. When split with the Low Intermediate version, it is floor friendly.

SEC 1: R Back Rock, Together, Back Rock, Together, Back RLR with Sweeps, Behind, Side, Cross

1 Rock back on R (1)
2&3 Recover forward onto L (2), stepping R beside L (&), rock back on L (3)
4&5 Recover forward onto R (4), stepping L beside R (&), step back on R sweeping L out to L side (5)
6-7 Step back on L sweeping R out to R side (6), step back on R sweeping L out to L side (7)
8&1 Cross L behind R (8), step R to R side (&), turn $\frac{1}{8}$ right cross rock left over right (8) [1:30]

SEC 2: Recover, Side, Cross, Recover, Walk, Walk, Walk 1/4, Run, Run, Run 1/4 with Sweep

2&3 Recover weight onto right (2), turn $\frac{1}{8}$ left step L to side (&), turn $\frac{1}{8}$ left cross rock right over left (3) [10:30]
4&5 Recover weight onto L (4), turn $\frac{1}{4}$ right step R to side (&), turn $\frac{1}{8}$ right step L to forward (5)
6-7 Turn $\frac{1}{8}$ right step to forward on R (6), turn $\frac{1}{8}$ right step to forward on L (7) [
8&1 Turn $\frac{1}{8}$ right step R to forward (8), step L next to R (&), turn $\frac{1}{8}$ step to forward on R sweeping L out to L side (1) [12:00]

****4&5~8&1 : Walk Around Full Turn R**

SEC 3: Cross, Side, Behind with Sweep, Behind, Side, Cross Rock, Side Rock, Back, Fwd Shuffle with Sweep

2&3 Cross L over R (2), step R to R side (&), cross L behind R sweeping R out to R side (3)
4&5& Cross R behind L (4), step L to side (&), cross rock R over L (5), recover on L (&)
6&7 Rock R to R side (6), recover on L (&), back rock R (7)
8&1 Recover on L (8), step R beside L (&), step Fwd on L with sweeping R out to R side (1)

****Option**

8&1 Recover on L (8), make $\frac{1}{2}$ turn L stepping R backward (&), make $\frac{1}{2}$ turn L stepping L forward with sweeping R out to R side (1)

SEC 4: Cross, Side, Behind with Sweep, Behind, Side, Cross Rock, Side Rock, Back, Together

2&3 Cross R over L (2), step L to L side (&), cross R behind L stepping L sweeping L out to L side (3)
4&5& Cross L behind R (4), step R to side (&), cross rock L over R (5), recover on R (&)
6&7 Rock L to L side (6), recover on R (&), back rock L (7)
8&1 Recover on R (8), L stepping beside R (&), rock back on R (1) [12:00]

BEGIN AGAIN!

*Ending : During the 8th sequence (starts facing 12:00), dance until 7 counts

ENJOY!

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