

# Ez Mong Nan Nan Eh

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Easy Beginner  
編舞者: Molly Yeoh (MY) - June 2023  
音樂: Vitamin A (มองน่านๆ) - FLI:P



**Intro: 32 counts from heavy beats (Free style)**

**No tag no restart!**

**\* Feel free to do just one wall! Tq!**

**Section 1: WALK FWD RL, STEP SWAY RLR, TOE STRUT, TOUCH**

1 2 3 4      Walk fwd RF, walk fwd LF, RF step sway to R, L  
5 6 7 8      Sway to R (5), LF step to L on toe, step down on (7), RF touch beside LF

**Section 2: RF STEP DOWN, ¼ L TURN, STEP TO LRL, R&L FWD TOUCH RECOVER**

1 2 3 4      Step down on RF, ¼ L turn, stepping LRL to L side  
5 6 7 8      RF fwd touch recover, LF fwd touch recover

**Section 3: STEP RF FWD, L&R SIDE TOUCHES, (R CROSS & SIDE TOUCHES) X 2**

1 2 3 4      RF step fwd, LF touch to L, LF step fwd, RF touch to R  
5 6 7 8      (RL cross touch over L, RF touch to R) X 2

**Section 4: STEP BACK RL, R AND L SIDE STEP, (HIP ROLL) X2**

1 2 3 4      Step back R, L, RF step to R, LF to L,  
5 6 7 8      Hip roll X2

**Inspired by tiktok viral Hit song! TQVM and ENJOY!**

**Feel free to dance with or without hand styling! Or free style! 自由发挥**

**Contact: suanyeah@hotmail.com**

**Last Update: 11 Jul 2023**

---