

Smilin' & Dancin'

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Sandy Carty Hodges (USA) - June 2023
音樂: Smilin' Song - Vince Gill



This dance is all about smilin and having a good time! Intro: 32 cts

SECTION ONE: LOCK STEPS RIGHT AND LEFT WITH SCUFFS

- 1-4 Step on right to right diagonal, step on left toe behind right foot, step on right and scuff left foot.
5-8: Step on left to left diagonal, step on right toe behind left, step on left foot and scuff right foot

SECTION TWO: JAZZ BOX ¼ TURN TO THE RIGHT, KICK BALL CHANGE, WALK, WALK

- 1-4 Step right foot across left foot, step back on left foot, ¼ turn right as you step on right foot, step left next to right foot.
5&6, 7,8: Kick right foot out, step on ball of right foot, step weight on left foot, walk forward right and left.

SECTION THREE: V-STEPS, GORILLA WALK (wave hands in the air)

- &1,2,&3,4 Jump forward on right foot, then left foot, clap, jump back on right foot, then left foot and clap.
5-8 Right swivel diagonal forward, left step diagonal forward, right swivel diagonal forward, left step diagonal forward. (optional: swivel both sides)

SECTION FOUR: STEP TOUCHES, HEEL SWIVELS

- 1-4 Step to right on right foot touch left toe next to right, step to left on left, touch right toe next to left.
5-8 (With both feet together) Swivel left heel left, right toe right, back to center and repeat.

E.O.D. START DANCE AGAIN AND SMILE!!! (SANDYUTAH82@GMAIL.COM)

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