

The New Sign

拍數: 32 牆數: 4 級數: High Beginner
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音樂: The Sign - Ace of Base



INTRO 36 COUNT

I. WALK R – L, FORWARD MAMBO, BACK L– R, COASTER STEP

1 2 3 &4 Step RF fwd (1), Step LF fwd (2), Rock RF fwd (3), Recover on LF (&), Step bwd on RF (4)
5 6 7 &8 Step LF bwd (5), Step RF bwd (6), Step LF bwd (7), Step RF beside LF (&), Step LF fwd (8)

II. REPEAT S1

III. DIAGONAL STEP RF FORWARD, DIAGONAL SHUFFLE, DIAGONAL STEP LF FORWARD, DIAGONAL SHUFFLE

1 2 3 &4 Step RF diagonal fwd (1), Step LF close to RF (2), Step RF diagonal fwd (3), Step LF close to RF (&), Step RF diagonal fwd (4)
5 6 7 &8 Step LF diagonal fwd (5), Step RF close to LF (6), Step LF diagonal fwd (7), Step RF close to LF (&), Step LF diagonal fwd (8)

IV. DIAGONAL BACK TOUCH RF-LF-RF-LF

1 – 4 Step RF diagonal bwd (1), Touch LF beside RF (2), Step LF diagonal bwd (3), Touch RF beside LF (4)
5 – 8 Step RF diagonal bwd (5), Touch LF beside RF (6), Step LF diagonal bwd (7), Touch RF beside LF (8)

V. PIVOT ½ L, ½ L

1 – 4 Step RF fwd (1), ½ turn left stepping LF in place weight on left (2) facing 6.00, Step RF fwd (3), ½ turn left stepping LF in place weight on left (2) facing 12.00

MAIN DANCE

S1 : WALK FORWARD RF - LF, TOUCH SIDE, HIP BUMP, WALK BACKWARD RF – LF, TOUCH SIDE, HIP BUMP

1 2 3 &4 Step RF fwd (1), Step LF fwd (2), Touch RF to right side with hip bump up (3), Recover on LF with bend left knee (&), Hip bump to right side (4)
5 6 7 &8 Step RF bwd (5), Step LF bwd (6), Touch RF to right side with hip bump up (7), Recover on LF with bend left knee (&), Hip bump to right side (8)

S2 : CROSS SHUFFLE, ROCK SIDE, RECOVER, CROSS SHUFFLE, ROCK SIDE, ¼ TURN LEFT

1 &2 3 4 Cross RF over LF (1), Step LF to side (&), Cross RF over LF (2), Rock LF to side (3), Recover on RF (4)
5 &6 7 8 Cross LF over RF (5), Step RF to side (&), Cross LF over RF (6), Rock RF to side (7), ¼ turn left stepping LF in place weight on left (8) facing 9.00

*** RESTART HERE ON WALL 3

S3 : JAZZ BOX FORWARD, VINE, TOUCH SIDE

1 – 4 Cross RF over LF (1), Step LF bwd (2), Step RF to side (3), Step LF fwd (4)
5 – 8 Step RF to side (5), Step LF behind RF (6), Step RF to side (7), Touch LF to side (8)

S4 : ¼ TURN L, STEP FORWARD, ¼ TURN L, STEP SIDE, STEP BEHIND, STEP SIDE, TOUCH SIDE, KICK BALL STEP

1 – 4 ¼ turn left stepping LF in place (1) facing 6.00, ¼ turn left stepping RF to side (2) facing 3.00, Step LF behind RF (3), Touch RF to side (4)

5 & 6 7 & 8 Touch RF beside LF (5), Touch RF to side (&), Touch RF beside LF (6), Kick RF fwd (7), Ball step on RF (&), Step LF fwd (8)

TAG (4 COUNT) V STEP

1 – 4 Step RF diagonal fwd (1), Step LF diagonal fwd (2), Step RF back to centre (3), Step LF together (4)

Ater Wall 2 & 5

Having Fun and Enjoy this dance!!!

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