

Be My Lover

拍數: 64 牆數: 2 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - June 2023
音樂: Be My Lover (feat. La Bouche) (2023 Mix) - Hypaton & David Guetta :
(Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 32 counts)

[S1] Fwd, 1/2R, Back Rock Paddles, Back Rock, Shuffle Fwd

1 2 Step forward on R, Make a ½ turn right stepping back on L (6:00)
3& Rock back on R, Replace weight on L making a ¼ turn left (3:00)
4& Rock back on R, Replace weight on L making a ¼ turn left (12:00)
5 6 Rock/sit back on R, Replace weight on L
7&8 Shuffle forward on R-L-R

[S2] Step-Pivot 1/4R, Cross-1/4L-Back Rock, Step-Pivot 1/4R, Cross-Hinge 1/2L Turn

1 2 Step forward on L, Make a ¼ turn right recover weight on R (3:00)
3&4& Cross L over R, Make a ¼ turn left stepping back on R (12:00), Rock back on L, Replace on R
5 6 Step forward on L, Make a ¼ turn right recover weight on R (3:00)
7&8 Cross L over R, Make a ¼ turn left stepping back on R (12:00), Make a ¼ turn left stepping L to the side (3:00)

[S3] Cross Rock, 1/4R-1/4R Side Rock-Cross, Side Rock, Sailor 1/4R-Fwd

1 2 Rock R over L, Replace weight on L
3&4& Make a ¼ turn right stepping forward on R (12:00), Make a ¼ turn right rock L to the side (3:00), Replace weight on R, Cross L over R
5 6 Rock R to the side, Replace weight on L
7&8 Step R behind L making a ¼ turn right (6:00), Step L beside R, Step forward on R

[S4] Heel Grind-Side, Behind Rock-Recover-Scissor into Cross Heel Grind-1/4L, Coaster Step

1 2 Grind/cross L heel, Step R to the side
3&4& Rock L behind R, Replace weight on R, Step L to the side, Step R next to L
5 6 Grind/cross L heel making a ¼ turn left (3:00), Step back on R
7&8 Step back on L, Step R next to L, Step forward on L

[S5] Step-Pivot 1/4L, Cross Shuffle, Side-1/4R-1/4R Side Shuffle

1 2 Step forward on R, Make a ¼ turn left recover weight on L (12:00)
3&4 Cross R over L, Step L close, Cross R over L
5 6 Step L to the side, Make a ¼ turn left stepping R to the side (3:00)
7&8 Make a ¼ turn left stepping L to the side (6:00), Step R close, Step L to the side

[S6] Back Rock, Side Shuffle, Back Rock, 1/4R Shuffle Back

1 2 Rock R behind L, Replace weight on L
3&4 Side shuffle to the right on R-L-R
5 6 Rock L behind R, Replace weight on R making a ¼ turn right (9:00)
7&8 Shuffle back on L-R-L

[S7] Point-Together, Modified Monterey Turn 1/4L, Touch Cross-Side, Sailor 1/4L-Fwd

1 2 Point R to the side, Step R together
3 4 Point L to the side, Make a ¼ turn left on ball of R foot point L forward (6:00)

5 6 Touch L across R, Touch L to the side
7&8 Step L behind R making a ¼ turn left (3:00), Step R beside L, Step forward on L

Restart here on Wall 1

[S8] Fwd Rock, 1/2R Shuffle, Step-Pivot 1/2R, Full Triple Turn

1 2 Rock forward on R, Replace weight on L

3&4 Making a ½ turn right shuffle forward on R-L-R (9:00)

5 6 Step forward on L, Make a ½ turn right recover weight on R (3:00)

7&8 Full triple turn right (slightly moving forward) on L-R-L (3:00)

Restart on Wall 1 count 56 (3:00)

**Ending suggestion: The last wall starts facing 12:00. Step change for the last 4 counts.
Step forward on L (3:00), Make a ¼ turn right recover weight on R (12:00)**

(updated: 21/June/23)
