Welcome To The Good Life



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Hiroko Carlsson (AUS) - June 2023

音樂: Welcome to the Goodlife - Dario Rodriguez & Sun Heat: (Spotify/Apple

Music/Deezer)



Please feel free to contact me if you need any further information.(hirokoclinedancing@gmail.com)

(Intro: 16 counts)

[S1] Diagonal Kick-Behind-Side, Cross Anchor Step, Fwd, Behind Anchor Step-1/2L

1&2 Kick diagonally forward on R, Step R behind L, Step L to the side

3&4 Cross/rock R over L slightly hook L behind, Replace/step back on L, Step forward on R

5 Step forward on L

6&7 Cross/rock R behind L slightly hook L in front, Replace/step forward on L, Step back on R

(prep for pushing back)

8 Make a ½ turn left stepping forward on L (6:00)

[S2] Side-&-Side-&-Side Rock-Cross, 1/4R-1/2R-1/4R, Recover, Cross w/ Hitch

1&2& Step R to the side, Step L next to R, Step R to the side, Step L next to R

3&4 Rock R to the side, Replace weight on L, Cross R over L

Reverse triple side roll into side rock- Make a ¼ turn right stepping back on L, Make a ½ turn

right stepping forward on R, Make a ¼ turn right stepping(rock) L to the side (6:00)

7 8 Replace weight on R, Cross(rock) L over R/hitch R knee to the side

-Restart here on Wall 2 and Wall 6

[S3] Behind, Side, Cross Rock-Side, Cross-Side-Back-Lock-Back, 1/2R

1 2 Step R behind L, Step L to the side

3&4 Rock R over L, Replace weight on L, Step R to the side

5& Cross L over R, Step R to the side

Step back on L, Lock/step R over L, Step back on L

Make a ½ turn right stepping forward on R (12:00)

[S4] 1/4R Side Rock, Cross, Back-Side, Cross Rock-1/4R-1/4R Side Shuffle

1 2 3 Making a ¼ turn right rock L to the side (3:00), Replace weight on R, Cross L over R

4& Step back on R, Step L to the side

Rock R over L, Replace weight on L, Make a ¼ turn right stepping forward on R (6:00)

Make a ¼ turn right stepping R to the side (9:00), Step L close, Step R to the side

Restart on Wall 2 count 16 (3:00) and Wall 6 count 16 (12:00)

Ending suggestion: The last wall starts facing 9:00. Dance till the end (6:00)

Pencil ½ turn right on ball of L, stepping forward on R (12:00)

(updated: 21/June/23)