

Long Road To Nashville

拍數: 32 牆數: 2 級數: Beginner +
編舞者: Daniel Clément (BEL) - June 2023
音樂: Long Road to Nashville - Seán Fahy



Intro : 8 counts

[1-8] Heel, Hook, Heel, Hitch, Coaster Step (R & L)

1&2& R heel forward – Cross Rf over L – R heel forward – Rf hitch
3&4 Step back on R – L Together – Step R fwd
5&6& L heel forward – Cross Lf over R – L heel forward – Lf hitch
7&8 Step back on L – R Together – Step L fwd

[9-16] Kick Out-Out, Heels In, Toes In, Heels In - Coaster Step, Step Turn 1/4 Cross

1&2 Kick R forward – Rf slightly to R – Lf slightly to L
3&4 Heels In – Toes In – Heels In
5&6 Step back on R – L Together – Step R fwd
7&8 Lf forward – 1/4 turn to R – Cross Lf over Rf (3 :00)

[17-24] 1/2 Rumba Forward, Chasse 1/4 Turn L, 1/2 Rumba Back, Chasse 1/4 Turn L

1&2 Step R to R – L together – Step R forward
3&4 Step L to L – R together – 1/4 turn to L, Lf forward (12 :00)
5&6 Step R to R – L together – Step back on R
7&8 Step L to L – R together – 1/4 turn to L, Lf forward (9 :00)

[25-32] Step Turn 1/4 L, Cross Shuffle, Chasse L, Touch, Kick-Ball-Step

1-2 Step R forward – 1/4 turn to L (6 :00)
3&4 Cross Rf over Lf – Lf to L – Cross Rf over Lf
5&6& Step Lf to L – Rf together – Step Lf to L – Touch R next to L
7&8 Kick R forward – R together – Step Lf forward (6 :00)

TAG : At the end of wall 3 (6:00) :

[1-8] Step Turn 1/4 L (X2), Rocking Chair

1-2 Step Rf forward – 1/4 turn to L
3-4 Step Rf forward – 1/4 turn to L
5-6 Rock R forward – Recover on L
7-8 Rock R backward – Recover on L

The dance starts again on the 12:00 wall