

With Every Heartbeat

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Charles Alexander (SWE) - June 2023
音樂: How Will I Know - Tusse : (CD: How Will I Know)



Intro: 40 counts, approx. 20 sec – 118 bpm

[1 – 8] KICK & POINT & POINT & KICK &, WALK R-L, RIGHT SHUFFLE FORWARD

1&2& Kick R forward. Step R beside L. Point L to side. Step L beside R.
3&4& Point R to side. Step R beside L. Kick L forward. Step L beside R.
5-6 Step R forward. Step L forward.
7&8 Step R forward. Step L beside R. Step R forward.

[9 – 16] STEP, ½ TURN RIGHT, LEFT SHUFFLE FORWARD, 4 CAMEL WALKS

1-2 Step L forward. Make ½ turn right taking weight on R. [6:00]
3&4 Step L forward. Step R beside L. Step L forward
5-8 Step R forward and pop L knee forward. Step L forward and pop R knee forward. Repeat R-L.

* Restart here during Wall 9*

[17 – 24] CROSS, SIDE, RIGHT SAILOR STEP, CROSS, ¼ TURN LEFT, ½ TURN LEFT, STEP RIGHT

1-2 Cross R over L. Step L to side.
3&4 Step R behind L. Step L to side. Step R to side. (Slightly angling body to right diagonal)
5-6 Cross L over R. Make ¼ turn left step R back. [3:00]
7-8 Make ½ turn left step L forward. Step R forward. [9:00]

[25 – 32] LEFT ROCK FORWARD, RECOVER, LEFT SHUFFLE BACK, RIGHT ROCK BACK, RECOVER, STEP, ½ TURN LEFT

1-2 Rock L forward. Recover onto R.
3&4 Step L back. Step R beside L. Step L back.
5-8 Rock R back. Recover onto L. Step R forward. Make ½ turn left taking weight on L. [3:00]

Restart: During Wall 9, starts facing 12:00, ends facing 6:00
Dance up until count 16 (camel walks) and restart dance.