

Rhythm Of My Show

拍數: 32 牆數: 2 級數: High Intermediate
編舞者: Charles Alexander (SWE) - June 2023
音樂: Rhythm Of My Show - Tone Sekelius : (CD: Rhythm Of My Show)



Intro: 24 counts, approx. 15 sec

Sequence: Intro 24, 32, 32, +, Tag, +, 32, 32, +, Tag, 24, 32, +, Tag, Tag
Dance start 16 counts after first vocals.

[1 – 8] SAMBA WHISK R-L, ¼, ½, ½ SHUFFLE FORWARD

1-2& Step R to side. Rock L behind R. Recover onto R.
3-4& Step L to side. Rock R behind L. Recover onto L.
5-6 ¼ turn right step R forward. ½ turn right step L back.
7&8 Shuffle ½ turn right stepping R-L-R. [3:00]

[9 – 16] ROCKING CHAIR, ½ CHASE TURN, DOROTHY R-L

1&2& Rock L fwd. Recover onto R. Rock L back. Recover onto R.
3&4 Step L forward. ½ turn right taking weight on R. Step L forward [9:00]
5-6& Step R diagonally forward. Lock L behind R. Step R diagonally forward.
7-8& Step L diagonally forward. Lock R behind L. Step L diagonally forward. [7:30]

[17 – 24] CROSS, ¼ BACK, RIGHT CHASSÉ, ¼ TURN SAMBA DIAMOND

1-2 Cross R over L. ¼ turn right step L back. [10:30]
3&4 Step R to side. Step L beside right. Step R to side. (Body angled towards 10:30)
5&6 Cross L over R. 1/8 turn left step R to side. Step L back and hitch R knee. [9:00]
7&8 Step R behind L. 1/8 turn left step L to side. Step R forward. [7:30]

* Restart here during Wall 5*

[25 – 32] L ROCK FORWARD, BALL, STEP, ½ TURN, ½ w/ SWEEP, BACK w/ HITCH, WALK R-L

1-2& Rock L forward. Recover onto R. Step L beside R.
3-4 Step R forward. ½ turn left taking weight on L.
5-6 ½ turn left step R back sweeping L from front to back. Step L back and low hitch R knee.
7-8 Walk forward R-L. [7:30]

Square up towards 6:00 and start from the beginning (or do + once).

+ : Will happen before every tag, and only once after the first tag.

&1-4 Step R to side (&). Touch L behind R (1). Unwind a full turn left (2-4) weight ending on L.

Easy option: Samba whisk R-L.

Tag: Happens after Wall 2, Wall 4 and twice after Wall 6 (end of dance).

[1-8] SAMBA WHISK R-L, ¼ SIDE, CLAP X2, BALL, STEP, ½ TURN

1-2& Step R to side. Rock L behind R. Recover onto R.
3-4& Step L to side. Rock R behind L. Recover onto L.
5&6 ¼ turn left step R to side. Clap twice (&6). [9:00]
&7-8 Step L beside. Step R forward. ½ turn left taking weight on L. [3:00]

[9-16] SAMBA WHISK R-L, ¼ SIDE, CLAP X2, BALL, STEP, ½ TURN

9-16 Repeat the previous 8 counts. Ends towards [6:00]

Restart: During Wall 5 (starts facing 12:00, ends facing (7:30) 6:00)

Dance up until count 22 (start of samba diamond), add the following and then restart dance:

23-24 Step R behind L. 1/8 turn left step L forward [7:30]

World Dance Masters 2023 Non-Country Intermediate Choreography Winner

Last Update: 4 Aug 2023
