Arm's Reach



拍數: 48 牆數: 2 級數: Phrased Intermediate

編舞者: Bruno Penet (FR) - May 2023

音樂: Arm's Reach - Aidan Canfield: (CD: We're Young, Alright)



PART A: 32c

SECT 1: ROCK R FWD/SIDE/BACK, STOMP R, [ROCK BACK, STOMP] (R & L)

1&2& Rock R forward, recover weight on L, rock R to R side, recover weight on L

3&4 Rock R back, recover weight on L, stomp R beside L

5&6 (jumping) Rock R back & kick L forward, recover weight on L, stomp R beside L 7&8 (jumping) Rock L back & kick R forward, recover weight on R, stomp L beside R

SECT 2: VINE TO R, SCUFF L, VINE TO L, SCUFF R, R JAZZ BOX, LARGE STEP R FWD, STOMP L

Step R to R side, cross L behind R, step R to R side, scuff L beside R
Step L to L side, cross R behind L, step L to L side, scuff R beside L
Cross R over L, step L back, step R to R side, step L forward

7-8 Large step R forward, stomp L beside R

SECT 3: DIAG R STEP LOCK STEP, SCUFF L, STEP L SIDE, SCUFF R, STEP R SIDE, SCUFF L SIDE, DIAG L STEP LOCK STEP, SCUFF R, STEP R SIDE, SCUFF L, STEP L SIDE, SCUFF R

1&2& (diagonal R) Step R forward, cross L behind R, step R forward, scuff L beside R

3&4& Step L to L side, scuff R beside L, step R to R side, scuff L beside R

5&6& (diagonal L) Step L forward, cross R behind L, step L forward, scuff R beside L

7&8& Step R to R side, scuff L beside R, step L to L side, scuff R beside L

SECT 4: ROCK R FWD, ½ TURN R & STEP R FWD, STOMP UP L, SCISSOR CROSS, R SIDE ROCK, TOUCH R, LARGE STEP R BACK, SLIDE L TOGETHER

1&2& Rock R forward, recover weight on L, ½ turn R & step R forward, stomp up L beside R (6:00)

3&4 Rock L to L side, step R beside L, cross L over R
 5&6 Step R to R side, recover weight on L, touch R beside L

7-8 Large step R back, slide L beside R (touch the hat with L hand)

PART B: 16c

SECT 1: KICK R FWD, HOOK BEHIND L, KICK R, KICK L, JUMPING JAZZ BOX With SCUFF R, ROCK R FWD, ½ TURN R & ROCK R FWD, ½ TURN & STEP R FWD, FLICK L, L STOMP UP TOGETHER, L STOMP FWD

1&2& (travelling to R) Kick R forward, step R to R side (with hook L behind), kick R forward (with L

together), kick L forward (with R together)

3&4& (Jumping) Cross rock L over R, recover weight on R, step L to L side, scuff R beside L

Rock R forward, recover weight on L, ½ turn R & rock R forward, recover weight on L (6:00)

7& ½ turn R & step R forward, flick L back (12:00)

8& Stomp up L beside R, stomp L forward

SECT 2: R MAMBO FWD, ½ TURN L & L MAMBO FWD, ½ TURN L & JUMPING JAZZ BOX With KICK, TOUCH R HEEL DIAG, FLICK R BACK

1&2 Rock R forward, recover weight on L, step R beside L

3&4 ½ turn L & rock L forward, recover weight on R, step L beside R (6:00)

5&6& (Jumping) Cross rock R over L, ¼ turn L recover weight on L & kick R forward (3:00), ¼ turn

L & step R beside L & kick L forward (12:00), cross rock L over R

7&8& Recover weight on R a kick L forward, step L to L side, touch R heel diagonal forward, flick R

back

PART B*

Change the last 2 steps by : KICK R FWD, STOMP R FWD

8-& Kick R forward, stomp R forward

TAG

SWIVEL HEELS OUT, KICK L FWD, STOMP L FWD, SWIVEL HEELS OUT, KICK R FWD, HOOK R

Turn heels out, return heels in the center, kick L forward, stomp L forward 3&4&
Turn heels out, return heels in the center, kick R forward, hook R over L

PART A(6)

Change the last step by:

STOMP R FWD

6 Stomp R forward

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