

Arm's Reach

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Phrased Intermediate
編舞者: Bruno Penet (FR) - May 2023
音樂: Arm's Reach - Aidan Canfield : (CD : We're Young, Alright)



SEQUENCE : A – A – A – A – A – A – A(8) – B – B* – Tag – A – A – B – B – A(6)

PART A: 32c

SECT 1 : ROCK R FWD/SIDE/BACK, STOMP R , [ROCK BACK, STOMP] (R & L)

1&2& Rock R forward, recover weight on L, rock R to R side, recover weight on L
3&4 Rock R back, recover weight on L, stomp R beside L
5&6 (jumping) Rock R back & kick L forward, recover weight on L, stomp R beside L
7&8 (jumping) Rock L back & kick R forward, recover weight on R, stomp L beside R

SECT 2 : VINE TO R, SCUFF L, VINE TO L, SCUFF R, R JAZZ BOX, LARGE STEP R FWD, STOMP L

1&2& Step R to R side, cross L behind R, step R to R side, scuff L beside R
3&4& Step L to L side, cross R behind L, step L to L side, scuff R beside L
5&6& Cross R over L, step L back, step R to R side, step L forward
7-8 Large step R forward, stomp L beside R

SECT 3 : DIAG R STEP LOCK STEP, SCUFF L, STEP L SIDE, SCUFF R, STEP R SIDE, SCUFF L SIDE, DIAG L STEP LOCK STEP, SCUFF R, STEP R SIDE, SCUFF L, STEP L SIDE, SCUFF R

1&2& (diagonal R) Step R forward, cross L behind R, step R forward, scuff L beside R
3&4& Step L to L side, scuff R beside L, step R to R side, scuff L beside R
5&6& (diagonal L) Step L forward, cross R behind L, step L forward, scuff R beside L
7&8& Step R to R side, scuff L beside R, step L to L side, scuff R beside L

SECT 4 : ROCK R FWD, ½ TURN R & STEP R FWD, STOMP UP L, SCISSOR CROSS, R SIDE ROCK, TOUCH R, LARGE STEP R BACK, SLIDE L TOGETHER

1&2& Rock R forward, recover weight on L, ½ turn R & step R forward, stomp up L beside R (6 :00)
3&4 Rock L to L side, step R beside L, cross L over R
5&6 Step R to R side, recover weight on L, touch R beside L
7-8 Large step R back, slide L beside R (touch the hat with L hand)

PART B: 16c

SECT 1: KICK R FWD, HOOK BEHIND L, KICK R, KICK L, JUMPING JAZZ BOX With SCUFF R, ROCK R FWD, ½ TURN R & ROCK R FWD, ½ TURN & STEP R FWD, FLICK L , L STOMP UP TOGETHER, L STOMP FWD

1&2& (travelling to R) Kick R forward, step R to R side (with hook L behind), kick R forward (with L together), kick L forward (with R together)
3&4& (Jumping) Cross rock L over R, recover weight on R, step L to L side, scuff R beside L
5&6& Rock R forward, recover weight on L, ½ turn R & rock R forward, recover weight on L (6 :00)
7& ½ turn R & step R forward, flick L back (12 :00)
8& Stomp up L beside R, stomp L forward

SECT 2 : R MAMBO FWD, ½ TURN L & L MAMBO FWD, ½ TURN L & JUMPING JAZZ BOX With KICK, TOUCH R HEEL DIAG, FLICK R BACK

1&2 Rock R forward, recover weight on L, step R beside L
3&4 ½ turn L & rock L forward, recover weight on R, step L beside R (6 :00)
5&6& (Jumping) Cross rock R over L, ¼ turn L recover weight on L & kick R forward (3 :00), ¼ turn L & step R beside L & kick L forward (12 :00), cross rock L over R
7&8& Recover weight on R a kick L forward, step L to L side, touch R heel diagonal forward, flick R back

PART B*

Change the last 2 steps by :

KICK R FWD, STOMP R FWD

8-& Kick R forward, stomp R forward

TAG

SWIVEL HEELS OUT, KICK L FWD, STOMP L FWD, SWIVEL HEELS OUT, KICK R FWD, HOOK R

1&2& Turn heels out, return heels in the center, kick L forward, stomp L forward

3&4& Turn heels out, return heels in the center, kick R forward, hook R over L

PART A(6)

Change the last step by :

STOMP R FWD

6 Stomp R forward

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« Marché de la Bière » – Comines (59)

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