

When the Heartache Is Over

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Bob Francis (UK) - June 2023
音樂: When the Heartache Is Over - Tina Turner : (Album: the platinum collection - iTunes)



Intro-48 counts -28 seconds

SEC-1 SKATE, SKATE, FORWARD SHUFFLE, R & L.

1-2 Skate R to R diagonal, Skate L to L diagonal.
3&4 Step forward on R Step L next to R, Step forward on R.
5-6 Skate L to L diagonal, Skate R to R diagonal.
7&8 Step forward on L, Step R next to L, Step forward on L.

SEC-2 FORWARD ROCK, SHUFFLE BACK, COASTER STEP, FORWARD WALK R, L.

1-2 Rock forward on R, recover on L.
3&4 Step back on R, Step L next to R, Step back on R.
5&6 Step back on L, Step R next to L, Step forward on L.
7-8 Walk forward on R, Walk forward on L.[restart]

SEC-3 SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE.

1-2 Rock R out to R side, Recover on L.
3&4 Cross R over L, Step L to L side, Cross R over L.
5-6 Rock L to L side, Recover on R,
7&8 Cross L over R, Step R to R side, Cross L over R.

SEC-4 FORWARD ROCK, BACK LOCK STEP, TOUCH BACK, HALF UNWIND, WALK FORWARD R L.

1-2 Rock forward on R, Recover on L.
3&4 Step back on R, Lock L over R, Step back on R.
5-6 Touch L toe back behind R, unwind ½ turn L, Step down on L.
7-8 Walk forward R, Walk forward L.

End of dance enjoy, [This is a tribute to the great Tina Turner]

Restart wall 4 facing 6-00, Dance to count 16 start again

Email: robertdf Francis@btconnect.com