

Shake Your Boots

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Diana Oglesby (USA) - June 2023
音樂: Shake Your Boots - RaeLynn



Intro: 16 Counts, start with weight on L
Restart and extra instructions for wall 4

S1 (1-8) R MAMBO CROSS, HOLD, SWIVEL HEELS R-CENTER-R and TURN ¼ L, HOLD

1-4 Rock R side (1), recover to L (2), cross R over (3), hold (4)
5-8 Swivel heels R (5), swivel heels to center (6), swivel heels R and turn ¼ L (7), hold (8), (9:00)

S2 (9-16) TOUCH L HEEL, TOUCH L TOE FWD, TOUCH L HEEL, STEP L TOGETHER, TOUCH R HEEL, TOUCH R TOE FWD, TOUCH R HEEL, STEP R TOGETHER

1-4 Touch L heel diagonally forward (1), touch L toe forward (2), touch L heel diagonally forward (3), step L together (4)
5-8 Touch R heel diagonally forward (5), touch R toe forward (6), touch R heel diagonally forward (7), step R together (8)

S3 (17-24) L FWD, TOUCH R, TURN ¼ R and STEP R SIDE, TOUCH L, ROCK L FWD, RECOVER, STEP L TOGETHER, HOLD

1-4 Step L forward (1), touch R behind (2), turn ¼ R and step R side (3), touch L together (4) (12:00)
5-8 Rock L forward (5), recover to R (6), step L together (7), hold (8)

S4 (25-32) 2 R BACK PONY STEPS, ¼ R MONTEREY

1-4 Step R back and hitch L forward (1), step L together (2), step R back and hitch L forward (3), step L together (4)
5-8 Touch R side (5), step R together and turn ¼ R (6), touch L side (7), touch L together (8) (3:00)

Restart here on wall 3. In S4 step 8, step L together (not touch) to prepare your R foot to restart. On wall 4, you will "Freeze" here for 8 counts. Skip S5 on that rotation. After the 8 count "freeze", follow through with S6 steps.

S5 (33-40) BIG STEP L SIDE and DRAG R TO L (OPTIONAL SHIMMY), BIG STEP R SIDE and DRAG L TO R (OPTIONAL SHIMMY)

1-4 Big step L side (1), drag R to L over 3 counts (optional shimmy) (2-4)
5-8 Big step R side (5), drag L to R over 3 counts (optional shimmy) (5-8)

S6 (41-48) L ROCKING CHAIR, L MAMBO-CROSS

1-4 Rock L forward (1), recover to R (2), rock L back (3), recover to R (4)
5-8 Rock L side (5), recover to R (6), cross L over (7), hold (8)

REPEAT

Restart on wall 3 after 32 counts. In S4 step 8, step L together (not touch) to prepare your R foot to restart.

On wall 4, you will "freeze and hold" after 32 counts. The "freeze" is 8 counts (skip S5 on that rotation), then resume dance at S6.

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