

I Count The Ways

拍數: 32 牆數: 4 級數: Beginner +
編舞者: Mike Hanson (USA) - June 2023
音樂: I Count the Ways - Nortec: Bostich + Fussible
或: Write This Down - George Strait
或: Livin' On Love - Alan Jackson



Starts on the word 'Ways'

Alternative Music: Write This Down – George Strait (Restart wall 5 - Front) Starts on the word 'End'

Alternative Music: Livin' on Love – Alan Jackson (no restarts) Starts on the word 'Love'

S1: STAIRSTEP SHUTTLES (Rumba like) **

1,2,3&4 step side R, L together, shuffling forward R, then L, then R
5,6,7&8 side L, together R, shuffling forward L, then R, then L

S2: BACK DIAGONAL STEP TOUCHES **

1,2,3,4 step R back diagonally, touch L, step L back diagonally, touch R
5,6,7,8 step R back diagonally, touch L, step L back diagonally, touch R

S3: ROCK R/RETURN, CROSS&CROSS – ROCK L/RETURN, CROSS&CROSS

1,2,3&4 rock side Right, return L, cross R over left, step L, cross R
5,6,7&8 rock side Left, return R, cross L over right, step R, cross L

RESTART here: on wall 3 & 8 (both Back Wall)

S4: STEP R, ¼ LEFT, CROSS&CROSS – ROCK L/RETURN, CROSS&CROSS

1,2,3&4 rock side Right, 1/4 L, cross R over left, step L, cross R
5,6,7&8 rock side Left, return R, cross L over right, step R, cross L

RESTART: After 24 counts of Walls 3 and 8 (facing Back), restart dance from the beginning.

** Challenge:

Front/Back walls => Forward (section 1), then Back (section 2) -as written

Side walls => Back (section 1), then Forward (section 2)

Details: Dance Front and Back walls (as written) with Forward Stairstep Shuffles and Back Diagonal Step Touches, then dance Side walls inverting Sections 1 and 2, with Back Stairstep Shuffles (instead of Forward) and Forward Diagonal Step Touches (instead of Back). This makes you pay attention to each wall, since each wall the dance changes slightly.

Smile & Enjoy the Dance!

Last Update: 17 Jun 2023