

Claphand

拍數: 64 牆數: 1 級數: Improver
編舞者: Wenarika Josephine (INA) - June 2023
音樂: Clap and Dance (feat. Martin Jones) (Ballo di gruppo) - Dj Berta



Intro : 16 counts // NO TAG NO RESTART

NOTE : Split floor with dance CLAP AND DANCE choreographed by Sebastian Holtland

Sect 1 : BACK ROCK, FORWARD SHUFFLE, PIVOT ½ RIGHT, FWD SHUFFLE

1 – 4 R rock back – recover on L
3&4 Forward shuffle on R-L-R
5 – 8 L rock forward – turn ½ right recover on R (6.00)
7&8 Forward shuffle on L-R-L

Sect 2 : FWD, HITCH ½ RIGHT, BACK, HITCH , BACK ROCK, WALK FWD

1 – 2 R forward – turn ½ right hitch L & clap (12.00)
3 – 4 L back – hitch R & clap
5 – 6 R rock back – recover on L
7 – 8 Walk forward R – L

Sect 3 : CROSS, DIAG BACK, DIAG BACK, CLAP

1 – 4 Cross R over L – L diag back – R diag back - clap
5 – 8 Cross L over R – R diag back – L diag back – clap

Sect 4 : CROSS, SIDE TOUCH

1 – 2 Cross R over L – point L to side
3 – 4 Cross L over R – point R to side
5 – 6 Cross R over L – point L to side
7 – 8 Cross L over R – point R to side

Sect 5 : JAZZ BOX ¼ RIGHT (X2)

1 – 4 Cross R over L - ¼ right step L back – R to side – L fwd (3.00)
5 – 8 Cross R over L - ¼ right step L back – R to side – L fwd (6.00)

Sect 6 : DIAGONAL FWD, CLAP, JUMP OUT – IN WITH SNAP FINGERS

1 – 4 R diag fwd – clap – L diag fwd – clap
&5 – 6 R diag fwd – L to side – hold/snap fingers
&7 – 8 R back to centre – L beside R – hold/snap fingers

Sect 7 : JAZZ BOX ¼ RIGHT (X2)

1 – 4 Cross R over L - ¼ right step L back – R to side – L fwd (9.00)
5 – 8 Cross R over L - ¼ right step L back – R to side – L fwd (12.00)

Sect 8 : DIAGONAL FWD, CLAP, JUMP OUT – IN WITH SNAP FINGERS

1 – 4 R diag fwd – clap – L diag fwd – clap
&5 – 6 R diag fwd – L to side – hold/snap fingers
&7 – 8 R back to centre – L beside R – hold/snap fingers

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