

Me Oh My

拍數: 32 牆數: 4 級數: Improver
編舞者: Lee Hamilton (SCO) - June 2023
音樂: Me Oh My (feat. Rod Stewart) (GBX & Sparkos Cfk Remix) - Johnny Mac And
The Faithful : (iTunes & Amazon)



Thank you to Michelle Smith for recommending the music

Intro: 32 Counts - 1 Tag

Section 1 [1-8] R Shuffle Fwd, Side Rock, Recover, L Shuffle Fwd, Side Rock, Recover

1&2 Step fwd on R (1), step L next to R (&), step fwd on R (2)
34 Rock L out to L side (3), recover on R (4)
5&6 Step fwd on L (5), step R next to L (&), step fwd on L (6)
78 Rock R out to R side (7), recover on L (8) 12:00

Section 2 [9-16] Cross R, Back L, 1/8 Turn R Chasse, Cross L, Back R 1/8 Turn L, Chasse L

12 Cross R over L (1), step back on L (2)
3&4 Make 1/8 turn R stepping R to R side (3) 1:30, staying on the angle step L next to R (&), step
R to R side (4) 1:30
56 Cross L over R (5), make 1/8 turn L stepping back on R straightening to 12:00 (6)
7&8 Step L to L side (7), step R next to L (&), step L to L side (8) 12:00

Section 3 [17-24] Cross R, Side L, R Sailor, Cross L, Side R, L Sailor ¼ L

12 Cross R over L (1), step L to L side (2)
3&4 Step R behind L (3), step L to L side (&), step R to R side (4)
56 Cross L over R (5), step R to R side (6)
7&8 Cross L behind R making ¼ turn L (7), step R to R side (&), step L to L side (8) 9:00

Section 4 [25-32] Heel Switches, Tap R Heel Twice, Heel Switches, Step L Fwd, Brush R Fwd

1&2& Tap R heel fwd (1), step R next to L (&), tap L heel fwd (2), step L next to R (&)
34 Tap R heel fwd twice (3,4)
&5&6 Step R next to L (&), tap L heel fwd (5), step L next to R (&), tap R heel fwd (6)
&78 Step R next to L (&), step L fwd (7), brush R fwd (8) 9:00

TAG

At the end of Wall 6 (facing 6:00) add the following 2-count tag then start the dance again:

Stomp R fwd (1), stomp L next to R (2)

Have fun!

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