La Vie en Rose

級數: Improver

編舞者: Lita Arnanda (INA) - May 2023

音樂: La Vie En Rose - cover piano & vocal duet Neika Foss

Intro: 32

Restart : on wall 3 after 20 count

Tag: 2 count, after Wall 2 & 6

拍數: 32

I. CROSS SIDE LR , PRISSY WALK , TURN 1/2 TO L

- 1 2& Cross RF over LF, step LF to L side, RF recover
- 3 4& Cross LF over RF, step RF to R side, LF recover
- 5 6 Cross RF forward, cross LF forward
- 7 8 Cross RF forward, turn 1/2 to L (6:00)

II. CROSS SIDE LR, TURN 1/4 L, KICK HOOK, LONGSTEP TO R, TOUCH

- 1 2& Cross RF over LF, step LF to L side, RF recover
- 3 4& Cross LF over RF, RF to R side, LF recover

(turn 1/4 to L)

- 5 6 RF Kick, RF Hook (16.30)
- 7 8 RF longstep to R side (3:00), drag LF touch beside LF

III. TURN 1/4 L, FORWARD, COASTER STEP, BACKWARD, COASTER STEP, PIVOT 1/2 TO R, FULL TURN TO L

- 1 2& Turn 1/4 to L step LF forward (12:00), RF forward, LF Together
- 3 4& RF long backward, LF backward, RF together
- 5 6 LF forward, turn ½ to R (bring weight to RF) (6:00)
- 7& 8& LF forward, turn 1/2 to L (weight on RF) turn 1/2 to L (weight on LF), RF forward (6:00)

IV. FORWARD, BACK LOCK SHUFFLE, SAILOR STEP, TURN 1/4 L WEAVE

- 1 2& LF forward, RF backward, LF lock backward
- 3 4& RF backward, turn 1/4 to L sweep LF behind RF, RF together (3:00)
- 5 6& LF forward, RF forward, turn ¼ to L step LF on place (12:00)
- 7& 8& Cross RF over LF, LF side to L, cross RF behind LF, LF to L side

Tag : RF drag to L side (2 count)





牆數:1