

Your Heart or Mine

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Lynne Hoover (USA) - June 2023
音樂: Your Heart Or Mine - Jon Pardi



1 restart

Intro is 8 counts

HEEL HOOK x2, STEP LOCK STEP, ¾ R RUN, BACK-BACK**

1&2& Touch R heel fwd, then hook across left shin, repeat
3&4 Step R fwd, lock L behind R, step R fwd
5&6 Run LRL making ¾ turn to R
7-8 Step back on R, step back on L, **spice up your walk back with a shoulder roll - from front to back - on each step back

RESTART HERE WALL 3, FACING 6:00

R BACK COASTER, TRIPLE FWD, ROCK & CROSS, ½ TURN RIGHT

1&2 Step back on R, step L beside R, step R forward
3&4 LRL triple fwd
5&6 Rock R out to right side, step L next to R, cross R over L
7-8 Step on L making ½ turn to R, step on R

FWD ROCK, SIDE ROCK, BEHIND SIDE CROSS, FULL TRIPLE TURN, STEP LOCK STEP

1&2& Rock fwd on L, recover on R, Rock to L side, recover on R
3&4 Step L behind R, step R to side, cross L over R
5&6 360 deg. shuffle turn to left RLR OPTION: Shuffle back LRL
7&8 Step back on L, lock R over L, step back on L

SAILOR ½ TURN, KICKBALL CROSS, SWAY-SWAY, STOMP, STOMP

1&2 Swing R foot round to right making ½ turn land on R, step on L, step on R
3&4 Kick L foot fwd, land on L, cross R over L
5-6 Sway L, sway R
7-8 Stomp on L, Stomp on R but keep weight on L

Last Update: 7 Nov 2023