

Sh Boom

拍數: 32 牆數: 4 級數: Beginner
編舞者: Freda Fagan (UK) - June 2023
音樂: Sh Boom (Life Could Be a Dream) - The Koi Boys : (Album: Shake It!)



#40 Count Intro. Start on the word 'Life'....No tags or restarts

Sec 1 SIDE RIGHT TOE STEP, ACROSS TOE STEP, CHASSE RIGHT, BACK ROCK

1-2 Touch right toe to right side, step down on right
3-4 Cross left toe over right, step down on left
5&6 Step right to right side, step left beside right, step right to right side
7-8 Rock back on left, recover onto right

Sec 2 SIDE LEFT TOE STEP, ACROSS TOE STEP, CHASSE LEFT, BACK ROCK

1-2 Touch left toe to left side, step down on left
3-4 Cross right toe over left, step down on right
5&6 Step left to left side, step right beside left, step left to left side
7-8 Rock back on right, recover onto left

Sec 3 RIGHT FORWARD ROCK, SIDE ROCK, BEHIND, SIDE, CROSS, KICK

1-2 Rock forward on right, recover onto left
3-4 Rock right to right side, recover onto left
5-6 Cross right behind left, step left to left side
7-8 Cross right over left, Kick left diagonally forward

Sec 4 LEFT BEHIND, ¼ TURN, TOGETHER, HOLD, JUMP FORWARD, HOLD, JUMP BACK, HOLD

1-2 Cross left behind right, turn ¼ right stepping forward on right (3.00)
3-4 Step left beside right, hold
&5-6 Jump forward on right (&), step left beside right (5), hold (6)
&7-8 Jump back on right (&), step left beside right (7), hold (8)

Begin again

Ending: After 16 counts on wall 11 (back rock) facing 6.00 jump forward right, left... "Sh-Boom."

Alternative: To finish the dance facing the front change the jump forward to..."Step forward on right, pivot ½ turn left to face 12.00..."Sh Boom."