

Every Night Every Morning EZ

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Helen Ng (AUS) - June 2023
音樂: Every Night Every Morning - Maddie & Tae : (Single)



#16 Count Intro

[1-8] ROCKING CHAIR, SIDE, HOLD & SIDE, TOUCH

1,2 STEP R FORWARD, ROCK BACK ONTO L,
3,4 STEP R BACK, ROCK FORWARD ONTO L,
5,6& STEP R TO THE SIDE, HOLD, STEP L TOGETHER,
7,8 ((^^) STEP R TO THE SIDE, TOUCH L TOE TOGETHER. (12.00)

[9-16] 1/4 FORWARD, ROCK, 1/4 FORWARD, ROCK, BEHIND-SIDE-ACROSS, HIP, HIP

1,2 TURN 90° LEFT LUNGE L FORWARD, ROCK R BACK ONTO R, (9.00)
3,4 TURN 90° LEFT LUNGE L FORWARD, ROCK R BACK ONTO R, (6.00)
5&6 STEP L BEHIND RIGHT, STEP R TO THE SIDE, STEP L ACROSS IN FRONT OF RIGHT,
7,8 # STEP R TO THE SIDE PUSH HIPS RIGHT, PUSH HIPS LEFT. (6.00)

[17-24] JAZZ BOX FORWARD, FORWARD, HOLD & FORWARD, FORWARD,

1,2 JAZZ BOX : STEP R ACROSS IN FRONT OF LEFT, STEP L BACK,
3,4 STEP R TO THE SIDE, STEP L FORWARD,
5,6& STEP R FORWARD, HOLD, STEP L TOGETHER,
7,8 STEP R FORWARD, STEP L FORWARD. (6.00)

[25-32] PIVOT TURN, PIVOT TURN, STOMP, TWIST, TWIST, TOUCH

1,2 PIVOT : STEP R FORWARD, TURN 180° LEFT TAKE WEIGHT ONTO LEFT, (12.00)
3,4 PIVOT : STEP R FORWARD, TURN 180° LEFT TAKE WEIGHT ONTO LEFT, (6.00)
5,6 STOMP R FORWARD, TWIST BOTH HEELS TO THE RIGHT,
7,8 TWIST BOTH HEELS TO THE CENTRE, TOUCH R TOE TOGETHER. (6.00)

RESTART

ON WALL 8 DANCE TO BEAT 16 (#) AND RESTART FACING 12.00
ON WALL 13 DANCE TO BEAT 8 (~) FACING 12.00

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Last Update: 10 Jun 2023