

All Hands On Deck

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Lilian Lo (HK) - June 2023
音樂: All Hands On Deck - Tinashe



Intro: 32 counts (0:21 mins.)

S1 (1 – 8) Walk x 2, ½ L, Coaster Step, Forward, Spiral Turn, Hook, Forward, ¼ R, Side

1 2 RF step forward (1), LF step forward (2)
3 4 Make ½ turn L, RF step back (3), LF step next to RF (&), RF step forward (4) @6:00
5 6 LF step forward (5), Make spiral full turn R, hook RF across LF (6)
7 8 RF step forward (7), Make ¼ turn R, LF step to side (8) @9:00

S2 (9 – 16) Tap Step with Hip Bump x 2, ¼ R, Sweep, Ball, Step, Check, Replace, Back, Close

1 2 RF tap on spot, bump R hip (1), RF step in place (2)
3 4 LF tap on spot, bump L hip (3), make ¼ turn R, LF step in place, sweep RF (4) @12:00
5&6 Continue sweeping RF (5), Cross RF behind (&), LF step forward (6)
7&8& RF step forward (7), Replace on LF (&), RF step back (8), LF closed to RF (&)

S3 (17 – 24) Side, Close, Swivel x 3, ¼ L, Shuffle

1 2 RF take big step to side (1), Upper body turn ¼ L, keep weight on RF, straighten L knee (2)
3& Hold (3), Upper body turn ¼ R, LF closed to RF (&)
4 5 6 RF skate to R diagonal (4), LF skate to L diagonal (5), RF skate to R diagonal (6)
7&8 (25 – 32) Make ¼ L, LF step forward (7), RF cross behind LF (&), LF step forward (8) @9:00

S4 Forward, ½ R, Sweep, Forward, Cross Behind, Unwind ¾, Hip Bump, Back, ½ L, Forward

1 2 RF step forward (1), Make ½ turn R, sweep LF (2) @3:00
3&4 Continue sweeping LF (3), LF take big forward step (&), RF cross behind LF (4)
5 6 Unwind ¾ R, ending with knees bent (5), bump hips back straighten both knees (6) @12:00
7 8 RF step back (7), Make ½ turn L, LF step forward (8) @6:00