

Workin' on It

拍數: 64 牆數: 4 級數:
編舞者: Darren Mitchell (AUS) - June 2023
音樂: Workin' On It - Michael Ray : (Album: Workin' On It.)



(Intro: 32 counts)

SIDE, FORWARD, SIDE, FLICK, VINE RIGHT, TOUCH

1,2 Touch right toe to the side, touch right toe forward,
3,4 Touch right toe to the side, flick right behind left knee,
5,6 Step right to the side, step left behind right,
7,8 Step right to the side, touch left together. (12:00)

SIDE, FORWARD, SIDE, FLICK, VINE LEFT ¼ TURN, SCUFF

1,2 Touch left toe to the side, touch left toe forward,
3,4 Touch left toe to the side, flick left behind right knee,
5,6 Step left to the side, step right behind left,
7,8 (*) Turn ¼ turn left step left forward, scuff right forward. (9:00) *restart on walls 2&4*

FORWARD, BACK, BACK, FORWARD, PIVOT TURN, FORWARD, HOLD

1,2 Step right forward, step back onto left,
3,4 Step right back, step forward onto left,
5,6 Pivot turn: step right forward, turn ½ turn left take weight onto left,
7,8 Step right forward, hold. (3:00)

FULL TURN, FORWARD, SCUFF, TOE STRUT, TOE STRUT

1,2 Turn ½ turn right step left back, turn ½ turn right step right forward,
3,4 Step left forward, scuff right forward,
5,6 Step right toe forward, drop weight onto right heel,
7,8 Step left toe forward, drop weight onto left heel. (3:00)

SIDE, TOGETHER, FORWARD, HOLD, SIDE, TOGETHER, BACK, HOLD

1,2 Step right to the side, step left together,
3,4 Step right forward, hold,
5,6 Step left to the side, step right together,
7,8 Step left back, hold. (3:00)

BACK, LOCK, BACK, TOUCH, SLOW COASTER STEP, HOLD

1,2 Step right back at 45 degrees right, lock left across in front of right,
3,4 Step right back at 45 degrees right, touch left together,
5,6 Step left back, step right together,
7,8 (**) Step left forward, hold. (3:00) **restart on wall 5**

FORWARD, TOUCH, BACK, KICK, SLOW COASTER STEP

1,2 Step right forward, touch left toe behind right,
3,4 Step left back, kick right forward,
5,6 Step right back, step left together,
7,8 Step right forward, hold. (3:00)

FORWARD, TOUCH, BACK, KICK, SLOW COASTER STEP

1,2 Step left forward, touch right toe behind left,
3,4 Step right back, kick left forward,

5,6 Step left back, step right together,
7,8 Step left forward, hold. (3:00)

[64] REPEAT

RESTARTS:

On walls 2 & 4, dance to count 16 (*), then restart the dance facing the front wall.

On wall 5, dance to count 48 (), then restart the dance facing the 3 O'clock wall.**
