

Things I Carry Around

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Colleen Archer (AUS) - 6 June 2023
音樂: Things I Carry Around - Troy Cassar-Daley : (Album: Things I Carry Around)



Intro: 8 counts SP: Weight on R Rotation: ½ cw

“For...Bill & Denise ”

Shuffle, Rumba, Mambo, Sailor Cross

1 & 2 Step R to right side, Step L beside R, Step R to right side
3 & 4 Step L to left side, Step R beside L, Step L forward
5 & 6 Rock step R forward, Recover L, Step R back
7 & 8 Sweep and step L behind R, Step R to right side, Step L across R (12)

Rock Side, Turn ¼ & Recover, Lock Shuffle, Mambo, Coaster

1 & 2 Rock step R to right side, Turn ¼ left taking weight on L, Step R forward
3 & 4 Step L forward, Lock R behind L, Step L forward
5 & 6 Rock step R forward, Recover L, Step R back
7 & 8 Step L back, Step R beside L, Step L forward (9)

½ Pivot, Forward, Samba, Full Turn Right, Cross Rock, Side

1 & 2 # Step R forward, Turn ½ left taking weight on L, Step R forward (add finish)
3 & 4 Rock step L to left side, Recover R, Step L across R
5 & Turn ¼ right & step R forward, Turn ½ right & step L back
6 Turn ¼ right and step R to right side
7 & 8 Rock step L across R, Recover R, Step L to left side (3)
(optional 5 & 6 – Step R to right side, Step L beside R, Step R to right side)

Sailor, ¼ Turning Sailor, ½ Pivot, Forward, Full Turn Right

1 & 2 Step R behind L, Rock step L to left side, Recover R
3 & 4 Turn ¼ left and step L behind R, Rock step R to right side, Step L to left side
5 & 6 Step R forward, Turn ½ left taking weight on L, Step R forward
7 & 8 Turn ½ right and step L back, Turn ½ right and step R forward, Step L forward (6)
(optional 7 & 8 – Step L forward, Step R beside L, Step L forward)

Begin dance again.....

Finish: # Wall 7...dance first 18 counts... then add the following steps.

3 & 4 Turn ½ right and step L back, Turn ¼ right and step R to right side, Step L across R

Note: For easier reading and instruction, I have opted to write this dance to the slower count.

email: danceonlinedancing@gmail.com