

I Like to Dance

拍數: 64 牆數: 1 級數: Beginner +
編舞者: Colleen Archer (AUS) - 22 May 2023
音樂: I Feel Like Dancing - Jason Mraz



R Vine, Touch, Weave Side, Behind, Side, Across

1 - 4 Step R to right side, Step L behind R, Step R to right side, Touch L beside R
5 - 8 Step L to left side, Step R behind, Step L to left side, Step R across L (12)

L Vine, Touch, Weave Side, Behind, Side, Across

1 - 4 Step L to left side, Step R behind L, Step L to left side, Touch R beside L
5 - 8 Step R to right side, Step L behind R, Step R to right side, Step L across R (12)

Walk Back RLR, Touch, Walk Forward, LRL, Scuff

1 - 4 Step R back, Step L back, Step R back, Touch L beside R
5 - 8 Step L forward, Step R forward, Step L forward, Scuff R beside L (12)

Touch R Heel Fwd, Tog- Repeat L, Touch R Toe to Side, Tog - Repeat L

1, 2 Touch R heel forward, Step R beside L
3, 4 Touch L heel Forward, Step L beside R
5, 6 Touch R toe to right side, Step R beside L
7, 8 Touch L toe to left side, Step L beside R (12)

Zig-Zag Forward R, Touch, Forward L, Touch - Repeat

1, 2 Step R forward to right diagonal, Touch L beside R
3, 4 Step L forward to left diagonal, Touch R beside L
5, 6 Step R forward, to right diagonal, Touch L beside R
7, 8 Step L forward to left diagonal, Touch R beside L (12)

R Toe Strut, L Toe Strut - Repeat

1 - 4 Touch R toe back, Lower R heel, Touch L toe back, Lower L heel
5 - 8 Touch R toe back, Lower R heel, Touch L toe back, Lower L heel (12)

Rumba Forward, Rumba Back

1 - 4 Step R to right side, Step L beside R, Step R forward, Touch L beside R
5 - 8 Step L to left side, Step R beside L, Step L back, Touch R beside L (12)

Stomp, Hold, Stomp, Hold, Sway Hips RLRL

1, 2 Stomp R to right side, Hold
3, 4 Stomp L to left side, Hold
5, 6 Sway hips to right, Sway hips to left
7, 8 Sway hips to right, Sway hips to left (12)

Begin dance again.....

Note: Dance through, no restarts and no tags