

Heaven Has A Bar

拍數: 32 牆數: 4 級數: Improver
編舞者: Hiroko Carlsson (AUS) - June 2023
音樂: HEAVEN HAS A BAR (with Zac Brown) - Niko Moon & Zac Brown :
(Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information.
(hirokoclinedancing@gmail.com) (Intro : 8 counts)

[S1] Swivet R-L-R, Touch, Side, Swivet L-R-L, Touch, 1/4L

1& Twist both toes to the right (weight on R heel and ball of L), Return to the centre
2& Twist both toes to the left (weight on L heel and ball of R), Return to the centre
3& Twist both toes to the right (weight on R heel and ball of L), Return to the centre weight ends on R
4& Touch L next to R, Step L to the side
5& Twist both toes to the left (weight on L heel and ball of R), Return to the centre
6& Twist both toes to the right (weight on R heel and ball of L), Return to the centre
7& Twist both toes to the left (weight on L heel and ball of R), Return to the centre
8& Touch R next to L, Make a ¼ turn left stepping back on R (9:00)

[S2] Coaster Step-Scuff, Step-Scuff, Step-Pivot 1/2R, Fwd-Tap, Back-Hitch, Back-Hitch, Back Rock

1&2& Step back on L, Step R next to L, Step forward on L, Scuff forward on R
3&4& Step forward on R, Scuff forward on L, Step forward on L, Make a ½ turn right recover weight on R (3:00)
5&6& Step forward on L, Touch R next to L, Step back on R, Hitch L knee
7&8& Step back on L, Hitch R knee, Rock back on R, Replace weight on L
- Restart here on Wall 3 count 16 with step changes (9:00)

[S3] Step-Lock-Step-Step-Lock-Step-Step-Lock, Corner Fwd-Touch-Back-Kick-Behind-Side Cross

1&2 Step diagonally forward on R, Lock L behind R, Step forward on R
&3& Step diagonally forward on L, Lock R behind L, Step forward on L
4& Step diagonally forward on R, Lock L behind R
5&6& Facing 4:30- Step forward on R, Tap/touch back on L, Step back on L, Kick forward on R (4:30)
7&8 Facing 3:00- Step R behind L, Step L to the side, Cross R over L (3:00)

[S4] Corner Fwd-Touch-Back-Kick-Kick-Behind-Side-Cross, Side w/Heel-Toe-Heel Swivel In, Side w/ Heel-Toe Swivel In

1&2 Facing 1:30- Step forward on L, Tap/touch back on R, Step back on R
&3 Kick forward on L twice (1:30)
&4& Facing 3:00- Step L behind R, Step R to the side, Cross L over R (3:00)
5&6& Step/stomp R to the side, Swivel L heel in, Swivel L toes in, Swivel L heel in (keep your weight on R)
7&8 Step/stomp L to the side, Swivel R heel in, Swivel R toes in (weight on both foot)

Restart and Step Change – On Wall 3, dance up to section 2 count 7& (9:00). Then, Step R to the side on count 8 (feet apart shoulder length)

Ending Suggestion: The last wall starts facing 12:00. Dance up to count 16 (9:00). Then, Rock forward on R, Replace weight on L making a ¼ turn right, Step forward on R (12:00)

(updated: 7/Jun/23)

