Let Your Colours Shine



拍數: 32 牆數: 4 級數: Easy Intermediate

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音樂: The Planet - BTS



1,2,3,4 5&6,7&8	Walk forward Right, Left, turn 1/2 R to step back Right, Left Right coaster step (back R, tog L, fwd R), Left lock shuffle fwd (fwd L, close R behind L, fwd L)
1,2,3,4	Lock step fwd R, L, R, step fwd L
5&6	Twist heels R, L, R. On the last twist, turn 1/4R and move all your weight to your L foot.
&7,8	Hitch R knee, push to take a big step to the R with your R foot. Slide L towards R.
1-4	Touch L toe across and fwd to the front R diagonal, touch L toe back and out to the back L diagonal, step L across in front of R, touch R toe to R side.
5-8	Touch R toe across and fwd to the front L diagonal, touch R toe back and out to the back R diagonal, step R across in front of L, touch L toe to L side.
1-4	Step L to roll hips full circle anti-clockwise (3 counts), finish with your weight on your R foot. Step L beside R.
5-8	Step R out to R side to roll hips full circle clockwise (3 counts), finish with your weight on your L foot. Touch R beside L.