

Tied Up Tank Top

拍數: 32 牆數: 4 級數: Improver
編舞者: Casey Nutter (USA) - June 2023
音樂: Sweet Little Somethin' - Jason Aldean



Intro: 32 counts - Weight starts on left

[1-8] Side, behind, ball kick and cross, step, rock, coaster step

1-2 Step R foot to R side (1), step L foot behind R (2)
&3&4 Ball step R (&), point L foot to L side (3), ball step L (&), cross R foot in front of L (4)
5-6 Step L foot forward facing 9:00 and rock hips forward (5), rock hips back (6)
7&8 Step L foot back (7), step R foot back beside L foot (&), step L foot forward (8)

[9-16] Scuff, ¼ turn hitch, step, behind, step ¼ turn, pivot ½ turn, lock step

1-2 Scuff R foot (1), hitch R knee up and turn ¼ over L shoulder facing 6:00 (2)
3&4 Step R foot down to R side (3), step L foot behind R foot (&), step R foot to R side making ¼
 turn over R shoulder facing 9:00 (4)
5-6 Step L foot forward (5) pivot ½ turn over R shoulder facing 3:00 (6)
7&8 Step L foot forward (7), lock R foot behind L foot (&), step L foot forward (8)

****Restart during 3rd wall after 16 counts, restart dance facing 9:00****

[17-24] Side step, hitch ¾ turn, triple forward, hip rock, coaster step

1-2 Step R foot to R side and prep for turn (1), rotate ¾ turn on R foot and hitch L knee up facing
 6:00 (2)
3&4 Step L foot forward (3), shuffle R foot beside L foot (&), step L foot forward (8)
5-6 Step R foot forward and rock hips forward (5), rock hips back (6)
7&8 Step R foot back (7), step L foot back beside R (&), step R foot forward (8)

[25-32] Step, pivot ½ turn, lock step, step ¼ turn, hip sway, hip sway

1-2 Step L foot forward (1), pivot ½ turn over R shoulder facing 12:00 (2)
3&4 Step L foot forward (3), lock R foot behind L foot (&), step L foot forward (4)
5-6 Step R foot forward making ¼ turn over L shoulder facing 9:00 and sway hips down to the R
 (5), sway hips up to the R (6)
7-8 Sway hips down to the L (7), sway hip up to the L (8)

This dance has a lot of sassy hip sways that you can add your own flair. For example, the hip sways at the end, you can push hips backwards and roll side to side. A hair flip can be added in when lyrics say "red hot" instead of doing a scuff and hitch.