

Are You Ready for the Country?

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: JW Spurlock (USA) - April 2023
音樂: Are You Ready for the Country - Waylon Jennings



Intro - 16 count, weight on L foot
No restarts, no tags

R + L Toe taps, R foot stomp

1-2 R toe tap, return to center
3-4 L toe tap, return to center
5-6 R toe tap, return to center
7-8 R foot stomp (2x)

Step, Slap R Heel, Slap L Heel, Step Back

1-2 Walk two steps forward (R foot first)
3-4 Hook R heel behind L knee, slap with L hand
5-6 Hook L heel behind R knee, slap with R hand
7-8 Walk two steps backward, (R foot first)

Weave L, Weave R

1-2 Cross R leg in front of L, Step L with L leg
3-4 Step behind L leg with R leg, Point L toe to the L
5-6 Cross L leg in front of R, Step R with R leg
7-8 Step behind R leg with L leg, Point R toe to the R

Rock & Recover, Rock R with 1/4 turn L, Rock & Recover, Step in place

1-2 Rock forward with R foot and recover back on the L
3-4 Begin 1/4 turn L, rocking R with the R foot and recovering on the L foot
5-6 Rock forward with R foot and recover back on the L
7-8 Step in place (R foot first then L foot)
