

Deep Conversations

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Brendan Simoens (USA) - August 2023
音樂: Waffle House - Jonas Brothers



Tags/Restarts: 1 Restart

[1 - 8] Sailors Traveling Forward RL, Rock Recover, ½ Shuffle, ¼ Rock Recover

1&2 Cross RF behind LF (1), Step LF to L side (&) Step RF forward (2)
3&4 Cross LF behind RF (3), Step RF to R side (&), Rock forward on LF (4)
5,6& Recover weight onto RF (5), ¼ Turn L stepping LF to L side (6), Step RF next to LF (&)
7,8& ¼ Turn L stepping LF forward (7), ¼ Turn L rocking RF out to R side (8), Recover weight onto LF (&)

[9 - 16] Cross Shuffle, Syncopated Points, ½ Turn Jazz Box

1&2 Cross RF over LF (1), Step LF to L side (&), Cross RF over LF (2)
3&4 Point LF to L side (3), Step LF next to RF (&), Point RF to R side (4)
5,6 Cross RF over LF (5), ¼ Turn R stepping LF back (6)
7,8 ¼ Turn R stepping RF forward (7), Step LF to L side (8)

RESTART WILL OCCUR HERE ON THE 5th Wall

[17-24] Kick Cross Rock RL, Rock, Pony Back & Sweep

1&2& Kick RF forward (1), Cross RF over LF (&), Rock LF back (2), Recover onto RF (&)
3&4& Kick LF forward (3), Cross LF over RF (&), Rock RF back (4), Recover onto LF (&)
5,6& Rock RF forward (optional body roll) (5), Recover onto LF popping R knee (6), Step ball of RF next to LF (&)
7&8 Step LF back popping R knee (7), Step ball of RF next to LF (&), Step LF back sweeping RF front to back (8)

[25-32] Sailor Heel, Snap, Ball Cross Out Out, Snap, Knee Pops

1&2 Cross RF behind LF (1), Step LF to L side (&), Touch R heel to R diagonal (2)
3&4 Snap both hands out by sides (3), Step ball of RF next to LF (&), Cross LF over RF (4)
&5,6 Step RF out to R side (&), Step LF out to L side (5), Snap both hands out by sides (6)
&7&8 Pop both knees forward lifting heels off the ground (&), Return knees and heels back to normal (7), Pop both knees forward lifting heels off the ground (&), Return knees and heels back to normal (8) (End with weight on LF)

ADD SOME STYLE AND HAVE FUN!!!!

For any questions feel free to reach out to me at brendan.simoens@gmail.com

Last Update: 20 Jan 2024