

Drinkin' Bone AB

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Robin Springall (ENG) - April 2023
音樂: Drinkin' Bone - Tracy Byrd
或: Amarillo - Texas Tommy



(Amarillo is a great track for parties!)

This is the very first dance that I always teach to absolute beginners and at parties. Both songs are amusing, not fast, and have a strong beat which new dancers can follow easily. The steps are very basic indeed, with a simple 1/4 turn at the end so I can see how well the dancers are coping. Huge thanks to Tina Argyle, Cheryl Carter, Val and Sandie Myers, Viv Bishop, and Judy Baily for all their support, and especially to Anne Reilly for somehow managing to teach me to dance! xx

Intro: Drinkin' Bone: 16 counts (9 seconds) from the beginning of the track, start on vocals.
Amarillo: 48 counts (21 seconds) from the beginning of the track, start on vocals.

S1 [1-8] Walk forward R,L,R, kick L. Walk back L,R,L, touch R

1-4 Make 3 walks fwd stepping R, L, R (1,2,3) then do a low kick fwd with the L foot (4)
5-8 Make 3 walks back stepping L,R,L (5,6,7) then touch the R foot next to the L (8)

S2 [9-16] Repeat Section 1: 3 walks and a kick, 3 back and a touch

S3 [17-24] R side, close L, R side, touch L. L side, close R, L side, touch R

17-18 Step R foot to R side (17), close the L foot next to the R (18)
19-20 Step R foot to R side (19), touch the L foot next to the R (20)
21-22 Step L foot to L side (21), close the R foot next to L (22)
23-24 Step L foot to L side (23), touch the R foot next to the L (24)

S4 [25-32] R forward rock, R back rock. R forward rock, R 1/4 turn, close L

25-26 Rock fwd on the R foot (25), recover back onto the L (26)
27-28 Rock back on the R foot (27), recover fwd onto the L (28)
29-30 Rock fwd on the R foot (29), recover back onto the L (30)
31-32 Make a 1/4 right turn and step down with the R foot (31), close L next to R (32) [3:00]

Start again and keep happy!

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