

Every Night Every Morning

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Helen Ng (AUS) - June 2023
音樂: Every Night Every Morning - Maddie & Tae : (Single)



#16 Count Introduction

[1-8] ROCKING CHAIR, SIDE, HOLD & SIDE, TOUCH

1, 2 STEP R FORWARD, ROCK BACK ONTO L,
3, 4 STEP R BACK, ROCK FORWARD ONTO L,
5,6 & STEP R TO THE SIDE, HOLD, STEP L TOGETHER,
7, 8 STEP R TO THE SIDE, TOUCH L TOE TOGETHER. (12.00)

[9-16] 1/4 FORWARD, ROCK, 1/4 FORWARD, ROCK, BEHIND-SIDE-ACROSS, HIP, HIP

1, 2 TURN 90° LEFT LUNGE L FORWARD, ROCK BACK ONTO R, (9.00)
3, 4 TURN 90° LEFT LUNGE L FORWARD, ROCK BACK ONTO R, (6.00)
5 & 6 STEP L BEHIND RIGHT, STEP R TO THE SIDE, STEP L ACROSS IN FRONT OF RIGHT,
7, 8 STEP R TO THE SIDE PUSH HIPS TO THE RIGHT, PUSH HIPS TO THE LEFT. (6.00)

[17-24] JAZZ BOX FORWARD, FORWARD, HOLD & FORWARD, FORWARD

1, 2 JAZZ BOX : STEP R ACROSS IN FRONT OF LEFT, STEP L BACK,
3, 4 STEP R TO THE SIDE, STEP L FORWARD,
5, 6 & STEP R FORWARD, HOLD, STEP L TOGETHER,
7, 8 STEP R FORWARD, STEP L FORWARD. (6.00)

[25-32] PIVOT TURN, PIVOT TURN, STOMP, TWIST, TWIST, TOUCH

1, 2 PIVOT : STEP R FORWARD, TURN 180° LEFT TAKE WEIGHT ONTO LEFT, (12.00)
3, 4 PIVOT : STEP R FORWARD, TURN 180° LEFT TAKE WEIGHT ONTO LEFT, (6.00)
5, 6 STOMP R FORWARD, TWIST BOTH HEELS TO THE RIGHT,
7, 8 # TWIST BOTH HEELS TO THE CENTRE, TOUCH R TOE TOGETHER. (6.00)

[33-40] SIDE, TOUCH, 1/4 SIDE TOUCH, FORWAED, FORWARD, PADDLE TURN

1, 2 STEP R TO THE SIDE, TOUCH L TOGETHER,
3, 4 TURN 90° LEFT STEP L TO THE SIDE, TOUCH R TOE TOGETHER, (3.00)
5, 6 STEP R FORWARD, STEP L FORWARD, (9.00)
7, 8 PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L. (12.00)

[41-48] ACROSS, ROCK, SIDE, ROCK & HEEL, HOLD & TOE, CLICK

1, 2 STEP R ACROSS R IN FRONT OF LEFT, ROCK ONTO L,
3, 4 STEP R TO THE SIDE, SIDE ROCK ON TO L,
& 5,6 STEP R BACK, TOUCH L HEEL FORWARD, HOLD,
& 7, 8 ## STEP L TOGETHER, TOUCH R TOE TOGETHER, HOLD & CLICK FINGERS. (12.00)

[49-56] FIGURE 8

1, 2 STEP R TO THE SIDE, STEP L BEHIND RIGHT,
3 TURN 90° RIGHT STEP R FORWARD, (3.00)
4, 5 PIVOT : STEP L FORWARD, TURN 180° RIGHT TAKE WEIGHT ONTO R (9.00)
6, 7 TURN 90° RIGHT STEP L TO THE SIDE, STEP R BEHIND LEFT, (12.00)
8 TURN 90° LEFT STEP L FORWARD. (9.00)

[57-64] ACROSS, TOUCH, ACROSS, TOUCH, BEHIND, 1/2 UNWIND, KICK & TOUCH

1, 2 STEP R ACROSS IN FRONT OF LEFT, TOUCH L TOE TO THE SIDE,

3, 4 STEP L ACROSS IN FRONT OF RIGHT, TOUCH R TO THE SIDE,
5, 6 TOUCH R TOE BEHIND LEFT, UNWIND TURNING 180°RIGHT TAKE WEIGHT ON R
 (3.00)
7 & 8 KICK L FORWARD, STEP L TOGETHER, TOUCH R TOE TO THE SIDE (3.00)

RESTART 1: ON WALL 3 dance to BEAT 32 (#) & RESTART facing 12.00

RESTART 2: ON WALL 5 dance to BEAT 48 (##) & RESTART facing 3.00

ENDING : WALL 7 dance to BEAT 34 (^) & ADD the following

1, 2 STEP L TO THE SIDE, TOUCH R TOE TOGETHER,
3, 4, 5, 6 STEP R FORWARD, STEP L FORWARD, STEP R FORWARD, DRAG L TOE TOGETHER.

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