

Chase It With Regret

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Jonno Liberman (USA) - May 2023
音樂: Goodbye's Kickin' In - Brothers Osborne



#16 Count Intro

[1-8] Step, 1/8, Cross Back w/Slight Knee Lift, Weave, Side, Weave (12:00)

1, 2 (Begin facing 10:30) Step R forward, Turn 1/8 right as you step L to left (12:00)
3, 4 Cross R behind L as you slightly lift L knee and drag L from front to back, Cross L behind R
&5, 6 Step R to right, Cross L over R, Step R to right
7&8 Cross L behind R, Step R to right, Cross L over R

[9-16] Collect, Cross, 1/8, 1/4, Cross, 1/4 Press, Drag, 1/4 Kick & Point (7:30)

&1, 2 Step R to right, Step L next to R (style facing slightly to left diagonal), Cross R over L
3&4 Turn 1/8 right as you step L back (1:30), Turn 1/4 right as you step R to right (4:30), Cross L over R
5, 6 Open body to right as you press R toward 7:30, Drag R to L
7&8 Kick R toward 4:30, Turn 1/4 right as you step R next to L (7:30), Point L to left

[17-24] 1/8 Collect w/Sweep, Cross, Coaster Drag, Step, Mambo, 1/4, Cross (9:00)

1, 2 Turn 1/8 left as you collect L next to R and sweep R from back to front (6:00), Cross R over L
3&4 Step L back, Step R next to L, Large step forward L as you drag R
5, 6& Step R forward, Step L forward, Recover back onto R
7&8 Step L back, Turn 1/4 right as you step R to right, Cross L over R (9:00)

[25-32] 3/4 Unwind, Prep, 1/2, 1/2, Side Rock, Touch, Hold/Kick, Ball Step (6:00)

1, 2 Unwind right 3/4 taking weight onto R (6:00), Step L forward (prepping to turn right)
3, 4 Turn 1/2 left as you step R back (12:00), Turn 1/2 left as you step L forward (6:00)
5&6 Step R to right, Recover 1/8 left onto L (4:30), Touch R next to L as you look left and slightly down
7&8 Hold**, Step R slightly back, Recover onto L

****Styling option for repetitions 2, 4, and 6: Kick R slightly forward on count 7 instead of holding.**

Tag: The tags happen at the end of repetitions 1, 2, and 5.

The first and third tags start and finish at 6:00, the second tag starts and finishes at 12:00

[1-8] Step, 1/8, Cross Back w/Slight Knee Lift, Weave, Side, Weave (6:00)

1, 2 (Begin facing 4:30) Step R forward, Turn 1/8 right as you step L to left (6:00)
3, 4 Cross R behind L as you slightly lift L knee and drag L from front to back, Cross L behind R
&5, 6 Step R to right, Cross L over R, Step R to right
7&8 Cross L behind R, Step R to right, Cross L over R

[9-16] Collect, Cross, 1/4 Locking Triple, 1/2, 1/8, Touch, Hold/Kick, Ball, Step (7:30)

&1, 2 Step R to right, Step L next to R (style facing slightly to left diagonal), Cross R over L
3&4 Turn 1/8 right as you step L back (7:30), Turn 1/8 right as you lock R over L (9:00), Step L back
5&6 Turn 1/2 right as you step R forward (3:00), Turn 1/8 right as you step L to left (4:30), Touch R next to L as you look left and slightly down
7&8 Hold**, Step R slightly back, Recover onto L

****Styling option for the first tag: Kick R slightly forward on count 7 instead of holding.**

Dance Your Yaaas Off

DanceJonnoDance@gmail.com

Last Update: 6 Oct 2023
