

Push The Button Remix

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Improver
編舞者: Penny Tan (MY) & Shirley Bang (MY) - June 2023
音樂: Push the Button (DjJif Remix) - Sugababes



Intro:32 Counts

*No tag /No restart

SOD : Ax5 Bx2 Ax5 Bx2 A

PART A (32C)

SEC1:WALK FWD ,MAMBO STEPS

1-4 Walk fwd R-L-R-L
5&6 Rock RF to R ,recover on L ,step RF next to LF
7&8 . Rock LF to L ,recover on RF ,step LF next to RF

SEC2:STEP BACK,TOUCH (R-L) , MAMBO STEPS

1-2 Step RF back(optional: step back diagonally) , touch LF on L
3-4 Step LF back(optional:step diagonally) , touch RF on R
5&6 Rock RF to R ,recover on L ,step RF next to LF
7&8 . Rock LF to L ,recover on RF ,step LF next to RF

SEC3:FWD SHUFFLE RL ,V STEPS

1&2 Fwd shuffle R-L-R
3&4 Fwd shuffle L-R-L
5-8 Step RF diagonally to R ,step LF diagonally to L ,step RF back to center ,step LF back next to RF

SEC4:PIVOT ¼ TURN L (X2) , ROCKING CHAIR

1-4 Step RF fwd ,1/4 turn L ,recover on L ,step RF fwd ,1/4 turn L ,recover on L (6:00)
5-8 Rock RF fwd ,recover on L,rock RF back,recover on L

PART B (32C)

SEC1: SIDE TOGETHER ,SIDE TOUCH (R-L)

1-4 Step RF to R ,step LF next to RF ,step RF to R ,touch LF next to RF
5-8 Step LF to L ,step RF to LF ,step LF to L,touch RF next to LF

SEC2:WALK FWD,KICK ,WALK BACK ,TOUCH

1-4 Walk fwd R-L-R ,kick LF fwd
5-8 Walk back L-R-L ,touch RF next to LF

SEC3:R ROCKING CHAIR (x2)

1-4 Rock RF fwd ,recover on L,rock RF back,recover on L
5-8 Rock RF fwd ,recover on L,rock RF back,recover on L

SEC4:PIVOT 1/2 TURN L ,FWD SHUFFLE ,PIVOT 1/2 TURN R ,FWD SHUFFLE

1-2 Step RF fwd ,1/2 turn L ,step LF on L
3&4 Fwd shuffle R-L-R
5-6 Step LF fwd ,1/2 turn R ,step RF on R
7&8 Fwd shuffle L-R-L

Have Fun! Happy dancing!

Contacts:

pennytanml@hotmail.com

shirleybsl@hotmail.com

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