Slipping Through Mamma Mia



拍數: 16

級數: Improver NC

編舞者: Chandrani Eilena Emmiyan (INA) - June 2023

牆數: 2

音樂: Slipping Through My Fingers - Meryl Streep & Amanda Seyfried



Intro: 4 seconds, start moving on vocal

Tag : 2 counts - after wall 1 & 7 Restart : after the count of 6 on wall 6

Session 1 - STEP ON L-HITCH R AS 4 FIGURE, BEHIND-SIDE-CROSS, RECOVER-SIDE-CROSS, 1/4 BACK - 1/2 STEP, WALK (x2)-RECOVER- 1/4 STEP

Standing on R, feet position : cross R over L (body alignment to 10.30)

- 1 Step onto L & hitch R making 4 figure
- 2&3 Step down R close behind L, Step L to side, Cross R over L (body alignment to 10.30)
- 4&5 Recover onto L, Step R to side, Cross L over R
- 6&7 1/4 turn left & Step R back, 1/2 turn left & step L forward, Step R forward
- 8&1 Step L forward, Recover onto R, 1/4 turn left & step L forward

Session 2 - FORWARD ROCK- ½ STEP, 3 STEPS TURN-SWEEP, CROSS-SIDE-BEHIND-SWEEP, BEHIND-CROSS

- 2&3 Step R forward, Recover onto L, 1/2 turn right & step R forward
- 4&5 Step L forward, 1/2 turn left & step R back, 1/2 turn left & step L forward while sweeping R to front
- 6&7 Cross R over L, Step L to side, Close R behind L while sweeping L to back
- 8& Step L behind R, Cross R over L
- Tag: 2 counts after wall 1 & 7 (facing 6.00)
- 1-2 Hold

Restart : after the count of 6 on session 2 of wall 6 (facing 12.00)

Ending : Free style when the instrument was played

Happy dancing Dancing from the heart

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