

Praise You

COPPER KNOB
STYLEDANCE

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - May 2023
音樂: Praise You - Hannah Grace : (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information.
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(Start on the word "long" - Starts slowly (W1 and 2) getting slightly quicker.)

[S1] Cross Toe Strut, Scissor Step into Cross Toe Strut, Scissor Step into Box 1/4R Turn

1 2 Cross R toe over L, Drop R heel down
3& Step L to the side, Step R close to L
4 5 Cross L toe over R, Drop L heel down
6& Step R to the side, Step L close to R
7&8& Cross R over L, Make a ¼ turn right stepping back on L (3:00), Step R to the side, Step forward on L

[S2] 2x Tap Paddle L Turn-Side w/ Hip Hitch, Scissor Step into Cross Shuffle, Point

1 2 Touch forward on R making a paddle ¼ turn left (12:00), Touch forward on R making a paddle ¼ turn left (3:00)
3 4 Make a further ¼ turn left stepping R to the side (6:00), Hitch-up L hip to the left/hitch L knee
5& Step L to the side, Step R close to L
6&7 Cross L over R, Step R close to L, Cross L over R
8 Point R toe to the side

[S3] Fwd, 1/2L Rock Fwd-Back-Fwd-Recover, Back Rock, 1/2R-1/4R-Cross (Rock)-

1 Step forward on R
2& Make a ½ turn left recover/press weight on L, Rock back on R
3 4 Rock/press forward on L, Recover weight on R
5 6 Rock back on L, Replace weight on R (prep for triple turn right)
7&8 Make a ½ turn right stepping back on L, Make a ¼ turn right stepping R to the side (9:00), Cross/rock L over R-

[S4] -Recover, 1/4L, 1/2L, Coaster Step, 1/4R, Cross, Hitch

1 2 3 - Replace weight on R, Make a ¼ turn left stepping forward on L (6:00), Make a ½ turn left stepping back on R (12:00)
4&5 Step back on L, Step R next to L, Step forward on L
6 7 8 Make a ¼ turn right recover weight on R (3:00), Cross L over R, Hitch R knee

TAG: 5 counts Tag; At the end of Wall 2 (6:00)– Box 1/2R Turn-Hold (12:00)

1 2 3 4 5 Cross R over L, Make a ¼ turn right stepping back on L, Make a ¼ turn right stepping forward on R, Step L to the side, Hold 1 count (12:00)

Restart on Wall 7 Count 16 (6:00)

Ending suggestion: The last wall starts facing 9:00. Dance up to count 16 (3:00).
Make a ¼ turn left stepping back on R (12:00)

(updated: 31/May/23)