

Proud of Me

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Danilo Carta (IT) - May 2023
音樂: 'Til You Can't - Cody Johnson



Introduction: Performed after first 32 count when music started

SECTION 1: VAUDEVILLE, HOOK, GRAPEVINE, SCUFF

1-2 Right Cross over left, Left Step diagonally back to the left
3-4 Right Touch heel diagonally forward, Right Hook over Left
5-6 Right Step to the right, Left Cross behind Right
7-8 Right Step to the right, Left Scuff near Right

SECTION 2: PIVOT, STEP, HOLD, PIVOT, STEP, SCUFF

1-2 Left Step forward, Turn 1/2 to the right
3-4 Left Step forward, Hold
5-6 Right Step forward, Turn 1/2 to the left
7-8 Right Step forward, Left Scuff near Right

SECTION 3: VAUDEVILLE, HOOK, GRAPEVINE, SCUFF

1-2 Left Cross over Right, Right Step diagonally back to the right
3-4 Left Touch heel diagonally forward, Left Hook over Right
5-6 Left Step to the left, Right Cross behind Left
7-8 Left Step to the left, Right Scuff near Left

SECTION 4: PIVOT, STEP, HOLD, PIVOT, STEP, SCUFF

1-2 Right Step forward, Turn 1/2 to the left
3-4 Right Step forward, Hold
5-6 Left Step forward, Turn 1/2 to the right
7-8 Left Step forward, Right Scuff near Left

SECTION 5: ROCK STEP, STEP BACK, HOLD, TOE BACK & TURN 1/2 TO THE LEFT, PIVOT

1&2 Right Rock forward, Return on the Left
3-4 Right Step back, Hold
5-6 Left Toe back, Turn 1/2 to the left
7-8 Right Step forward, Turn 1/2 to the left

SECTION 6: STEP LOOK STEP, SCUFF, JAZZ BOX CROSS

1-2 Right Step forward, Left Look behind Right
3-4 Right Step forward, Left Scuff near Right
5-6 Left Cross over Right, Right Step back
7-8 Left Step to left side, Right Cross over Left

SECTION 7: WAVE, TURNING ROCK STEP, TURN 1/4 TO THE LEFT, STOMP UP

1-2 Left Step to the left, Right Cross behind Left
3-4 Left Step to the left, Right Cross over Left
5&6 Turn 1/4 to the left & Right Rock forward, Return on the Left
7-8 Turn 1/4 to the left & Left Step forward, Right Stomp up near Left

SECTION 8: SCISSOR STEP, STOMP UP, SCISSOR STEP, SCUFF

1-2 Right Step diagonally back to the right, Left Step beside Right
3-4 Right Cross over Left, Left Stomp up near Right

5-6 Left Step diagonally back to the left, Right Step beside Left
7-8 Left Cross over right, Right Scuff near Left

RESTART:

- the first on 4th wall after 56 counts (06:00)
- the second on 7th wall after 56 counts (12:00)

ENDING on 9th wall after 32 counts (12:00)
