

Set Her Off

拍數: 48 牆數: 2 級數: Improver
編舞者: Andrina K Faulds (SCO) & Heather Barton (SCO) - May 2023
音樂: He Set Her Off - Emily Ann Roberts



Intro: 16 Counts, Start at approx 7 secs

SEC 1 Walk, Walk, Out Out, Step, Shuffle, Step, ¼ Pivot

1-2 Step right forward, step left forward
&3-4 Step right to right, step left to left, step right forward
5&6 Step left forward, step right beside left, step left forward
7-8 Step right forward, pivot ¼ left transferring weight on to left (9:00)

Restart Here on Wall 3, Dance the following then restart

1-2 Step right forward, pivot ¼ left transferring weight on to left (6:00)

SEC 2 Cross Shuffle, ½ Hinge, Cross Rock, Side, Drag

1&2 Cross right over left, step left beside right, cross right over left
3-4 Turn ¼ right step left back, turn ¼ right step right to right (3:00)
5-6 Cross rock left over right, recover weight onto right
7-8 Step left to left dragging right towards left over 2 counts

SEC 3 Side Rock, Sailor Step, ¼ Sailor Step, Step, ½ Pivot

12 Rock right to right, recover weight onto left
3&4 Step right behind left, step left to left, step right to right
5&6 Turn ¼ left step left behind right, step right to right, step left forward (12:00)
7-8 Step right forward, pivot 1/2 left transferring weight on to left (6:00)

SEC 4 ½ Back Shuffle, Back, Back, Back Rock, Shuffle

1&2 Turn ¼ left step right to right, step left beside right, turn ¼ left step right back (12:00)
3-4 Step left back, step right back
5-6 Rock left back, recover weight onto right
7&8 Step left forward, step right beside left, step left forward

SEC 5 Kick Out Out, Swivel Heel Toe, Hitch, ¼ Monterey, Side Rock Cross

1&2 Kick right forward, step right to right, step left to left
3&4 Twist right heel to left, twist right toes to left, hitch right knee
5-6 Point right to right, turn ¼ right step right beside left (3:00)
7&8 Rock left to left, recover weight onto right, cross left over right

SEC 6 ¾ Box Turn, Cross Rock, Side Drag, Pop

1-2 Step right to right, turn ¼ left step left to left (12:00)
3-4 Turn ¼ left step right to right, turn ¼ left step left to left (6:00)

Option

1-2 Point right to right, turn ¼ right step right beside left (6:00)
3-4 Step left to left dragging right towards left over 2 counts
5-6 Cross rock right over left, recover weight onto left
7-8 Step right to right dragging left towards right, step left beside right popping right knee

**Tag At the end of Walls 5
Back Rock**

1-2 Rock right back, recover weight onto left

Last Update - 29 June 2023 - R1
