

We Grew Up

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Tina Argyle (UK) - May 2023
音樂: WE GREW UP ON - James Johnston : (iTunes etc.)



Count In : 16 counts from start of track - start dancing with lyrics, approx.. 8 seconds in

R Heel,Toe, Heel, Hold Clap. L Heel, Toe, Heel, Hold Clap.

1-2 Touch R heel fwd. Touch R toe at side of L
3-4 Touch R heel fwd. Hold and clap
&5.6 Step R at side of L. Touch L heel fwd. Touch L toe at side of R
7-8 Touch L heel fwd. Hold and clap

Step Together, Rock Fwd,Recover.Triple Full Turn (or Coaster Step) Rock Fwd, Recover ¼ Turn, Scuff

&1-2 Step L at side of R. Rock Fwd. R recover weight onto L
3&4 Make a triple full turn stepping R,L,R on the spot
5-6 Rock Fwd. L, recover onto R
7-8 Make ¼ turn left stepping L to left side. Scuff R at side of and slightly across L

Cross Shuffle, Chasse, Cross, Scuff.

1&2 Cross R over L, step L to left side, cross R over L
3&4 Step L to left side, step R at side of L, step L to left side
5-6 Rock back R, recover onto L
7-8 Step R to right side, scuff L across R

Left Cross Shuffle, Chasse, Cross, Scuff.

1&2 Cross L over R, step R to right side, cross L over R
3&4 Step R to right side, step L at side of R, step R to right side
5-6 Rock back L, recover onto R
7-8 Step L to left side, scuff R across L

Weave Travelling Backwards, Rock Back, Recover.

1-2 Cross R over L, step back L
3-4 Step back R, cross L over R
5-6 Step back R, step back L
7-8 Rock back R, recover weight onto L

Step Fwd.Hold.Ball Step, Point. Step Ball Step Step Brush

1-2 Step forward R, hold.
&3,4 Step L at side of R, step forward R, point L to left side
5-6 Step forward L, hold.
&7,8 Step R at side of L, step forward L, scuff R at side of L

Rock Fwd. Recover, ½ Shuffle Turn. Left Rocking Chair

1-2 Rock Fwd. R recover weight onto L
3&4 Make ½ shuffle turn right stepping forward R,L,R
5-6 Rock Fwd L, recover weight onto R
7-8 Rock back L, recover weight onto R

During Wall 2 replace counts 7-8 above with a step back L touch R at side of L then re start the dance

Rock Fwd. Recover, ½ Shuffle Turn. Step ¼ Turn, Step ¼ Turn

1-2 Rock Fwd. L recover weight onto R
3&4 Make ½ shuffle turn left stepping forward L,R,L

5-6 Step Fwd. R make $\frac{1}{4}$ turn left onto L
7-8 Step Fwd. R make $\frac{1}{4}$ turn left onto L

Tag At the end of wall 5 add 2 x $\frac{1}{2}$ pivot turns left (or a Right rocking chair)

Last Update - 18 Jun 2023 - R1
