

# Vitamin A

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Absolute Beginner  
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音樂: Vitamin A (มองน่านฯ) - FLI:P



Intro : 32C

## S1# WALK RLR - KICK L - BACK LRL - TOUCH R

1-2      Step R forward, Step L forward  
3-4      Step R forward, Kick L forward  
5-6      Step L backward, Step R backward  
7-8      Step L backward, Touch R beside L

## S2# GRAPEVINE RL MODIFIED

1-2      Step R to side, Cross L behind R  
3-4      Step R to side, Touch L beside R  
5-6      Step L to side, Cross R behind L  
7-8      1/4 Turn to left step L forward (9.00), The leg swings R forward as the foot makes slightly contact with the floor in a brushing motion

## S3# V STEP - DIAGONAL BACK RL - BACK TO CENTER RL

1-2      Step R diagonal forward to right, Step L diagonal forward to left  
3-4      Step R back to center, Close L together R  
5-6      Step R diagonal back to right, Step L diagonal back to left  
7-8      Step R back to center, Close L together R

## S4# SIDE ROCK R - SIDE R - JUMP WITH CLAP (CLOSE) - SIDE ROCK L - SIDE L- JUMP WITH CLAP (CLOSE)

1-2      Rock R to side, Recovered on L  
3-4      Step R to side, Close L together R with jump & clap  
5-6      Rock L to side, Recovered on R  
7-8      Step L to side, Close R together L with jump & clap

ENJOY THE DANCE.....

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