

Cold Heart AB EZPZ

COPPER KNOB
BY EPOCHS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Mitzi Day (USA) - May 2023
音樂: Cold Heart (PNAU Remix) - Elton John & Dua Lipa



no tag. no restart. relax and smile.

Section 1= Walk forward r-l-r and kick left. Walk back l-r-l and touch right.

1-2 -3-4 Walk forward right,left,right, kick left foot keeping weight on right foot.
5-6-7-8 Walk back left,right,left, and touch right toe keeping weight on left foot. (12:00)

Section 2= K Step

1-2 Step right foot right diagonal, touch left toe to right ankle keeping weight on right.
3-4 Step left foot back to home and touch right toe beside left ankle keeping weight on left.
5-6- Step right foot back diagonal, touch left toe beside right ankle keeping weight on right.(12:00)
7-8 Step left foot back home and touch right toe beside left ankle keeping weight on left.

Section 3= 2 v steps

1-2 Step right foot to right forward diagonal . Step left foot to left diagonal.
3-4 Step right foot back to home, step left foot beside right foot
5-6 Step right foot to right forward diagonal. Step left foot to left diagonal.
7-8 Step back home on right foot, step left beside right foot,replace weight on left foot .(12:00)

Section 4= Step hitch, step point back, quarter hip roll, half hip roll

1-2 Step right forward, hitch left knee up.
3-4 Step left foot down, point right toe back
5-6-7-8 Step right forward, 1/4 turn left, step right foot forward, 1/2 turn left (3:00)

have fun and smile!!
