

This Dance Sucks

拍數: 32 牆數: 4 級數: Improver
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音樂: This Song Sucks - Jade Turner



Intro is 16 counts (approx. 7 secs) to start with word "sucks"
Sequence: 32-32-32-16*1-32-32-32-8*2-32-4ctHold*3-32-32-27

[1 – 8]** Step, 1/4, Cross, Side, Behind, Sweep, Behind, Side*2

1,2 R steps forward [12:00]; Turn 1/4 left taking weight on L [9:00]
3,4 R steps across; L steps side
5,6 R steps behind; L sweeps front to back
7,8 L steps behind; R steps side (*2during 8th rotation, replace count 8 with R touches together, then Restart)

[9 – 16]* Hips Bump or Sway (L, R, L, R), Step, Touch, Knee, Touch1

1,2 L steps slightly forward while you bump or sway hips forward left; Hips bump or sway back R
3,4 Hips bump or sway forward L, Hips bump or sway back R
5,6 L steps back, R touches side
7,8 R knee lifts across L, R touches side (*1during 4th rotation, Restart here)

[17-24] Heel Grind, 1/4, Side, Cross, & Touch, Hold, & Touch, Hold

1,2 R steps forward on heel; Turn 1/4 on R heel & step back L [12:00]
3,4 R steps side; L steps across
&5,6 R steps side; L touches together; Hold
&7,8 L steps side; R touches together; Hold

[25-32] 3/4 Slow Walk Around***

Over these 8 counts, slow walk around a 3/4 circle clockwise from 12:00 wall to 9:00 wall:

1,2 R steps forward to right diagonal [1:00], L scuffs or brushes past R
3,4 L steps forward to right diagonal [4:00], R scuffs or brushes past L
5,6 R steps forward to right diagonal [7:00], L scuffs or brushes past R
7,8 L steps forward to right diagonal [9:00], R scuffs past L

BEGIN AGAIN!

RESTARTS & HOLD:

*1Restart #1: On 4th rotation, the dance starts facing [3:00] reference wall and after first 16 counts faces your front wall [12:00] to start from the top of the dance (no changes)

*2Restart #2: On 8th rotation, the dance starts facing [3:00] reference wall and after first 7 counts faces front wall [12:00] to replace count 8 with R touches together to start from the top of the dance

*3HOLD: After 9th rotation, dance ends facing [9:00] reference wall - Hold for 4 counts while you slowly wipe your R hand across your brow like "Whew! Close call!" then start from the top

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